







# SPIRITUAL BABIES

HEBREWS 5:11-6:3



About this we have much to say, and it is hard to explain,  
since you have become dull of hearing.

For though by this time you ought to be teachers,  
you need someone to teach you again  
the basic principles of the oracles of God.

You need milk, not solid food, for everyone who lives on milk  
is unskilled in the word of righteousness, since he is a child.  
But solid food is for the mature, for those who have their powers  
of discernment trained by constant practice  
to distinguish good from evil.

(Hebrews 5:11-14 ESV)

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# SPIRITUAL BABIES

HEBREWS 5:11-6:3

# 1. The Result



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you need someone to teach you again  
the basic principles of the oracles of God.  
You need milk, not solid food.....


(Hebrews 5:12 ESV)



But solid food is for the mature, for those who have their powers of **discernment** trained by constant practice to distinguish good from evil.

(Hebrews 5:14 ESV)

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THE BOOK OF HEBREWS



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50% thought Sodom and Gomorrah were husband and wife.

61% think the Sermon on the Mount was preached by Billy Graham.

71% of them think the expression "God helps those who help themselves" (Ben Franklin) is a Bible verse.

But solid food is for the mature, for those who have their powers of **discernment** trained by constant practice to distinguish good from evil.

(Hebrews 5:14 ESV)




For though **by this time you ought to be teachers,**  
you need someone to teach you again the basic principles .....

(Hebrews 5:12 ESV)






# 1. The Result



THE BOOK OF HEBREWS



## 2. The Reason



THE BOOK OF HEBREWS



About this we have much to say, and it is hard to explain,  
since you have become **dull** of hearing.

(Hebrews 5:11 ESV)

And we desire each one of you to show the same earnestness  
to have the full assurance of hope until the end,  
so that you may not be **sluggish**, but imitators of those  
who through faith and patience inherit the promises.

(Hebrews 6:11-12 ESV)



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About this we have much to say, and it is hard to explain,  
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(Hebrews 5:11 ESV)



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# 1. The Result



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## 2. The Reason



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# 3. The Remedy



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a. Drink the Word of God



THE BOOK OF HEBREWS

## a. Drink the Word of God

You need milk.....  
(Hebrews 5:12 ESV)



"His robust spiritual health and bounding energy  
disturbed their napping; he was just too much.

So, while they were sucking their thumbs,  
he was growing until he left them far behind;  
he grew more in a few years than they did in thirty."


Ethel Barrett

“During Great Awakening....  
Men and women studied shorthand in order that  
they might take down the sermons,  
men with a portable inkwell strapped about them,  
and quill open thrust over an ear,  
hasten to join the long assembling on the village green.”

F.R. Webber



a. Drink the Word of God



THE BOOK OF HEBREWS

## b. Digest the Word of God



## b. Digest the Word of God


powers of **discernment** trained by constant practice  
(Hebrews 5:14 ESV)

“Make it your work.....  
With diligence to apply the word as you are hearing it...  
You have work to do as well as the preacher...  
you must open your mouths and digest it,  
for another cannot digest for you...  
therefore all the while be at work,  
and abhor the idle heart in hearing .....

Richard Baxter



2:1 Pay close attention to the message you've heard



THE BOOK OF HEBREWS

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4:1 Fear, lest you fail to enter God's rest.

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4:11 Be diligent to enter God's rest lest you fall by disobedience.



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4:1 Fear, lest you fail to enter God's rest.


4:11 Be diligent to enter God's rest lest you fall by disobedience.

4:14 Hold fast to your confession.

10:25 not neglecting to meet together...but encouraging....



a. Drink the Word of God




THE BOOK OF HEBREWS

## b. Digest the Word of God



## c. Do the Word of God



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“The goal of all Bible study is to apply the truth of Scripture to life. If that application is not made, all the work put into making sure of the author’s intended meaning will have gone for naught. In fact, to know and not do, doubles the offense of disobedience.”

Robertson McQuilkin



"The pathway to maturity and to solid Biblical food  
is not first becoming an intelligent person,  
but becoming an obedient person"

John Piper



THE BOOK OF HEBREWS

“Our progress comes from "using the light we already have,  
putting into practice the truth already received.....

Unless this is done, we [move backward],  
and the light which is in us becomes darkness.

Manna not used breeds worms (Ex.16)!

Milk undigested ~ not taken up into our system ~ ferments."

AW Pink



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to have the full assurance of hope until the end,  
so that you may not be **sluggish**, but imitators of those  
who through faith and patience inherit the promises.

(Hebrews 6:11-12 ESV)















