



Therefore we must pay much closer attention to what we have heard, lest we drift away from it.

(Hebrews 2:1 ESV)

Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God.

(Hebrews 3:12 ESV)

About this we have much to say, and it is hard to explain, since you have become dull of hearing.

(Hebrews 5:11 ESV)

THE BOOK OF HEBREWS

For you have need of endurance, so that when you have done the will of God you may receive what is promised.

(Hebrews 10:36 ESV)

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, let us run with endurance the race that is set before us,

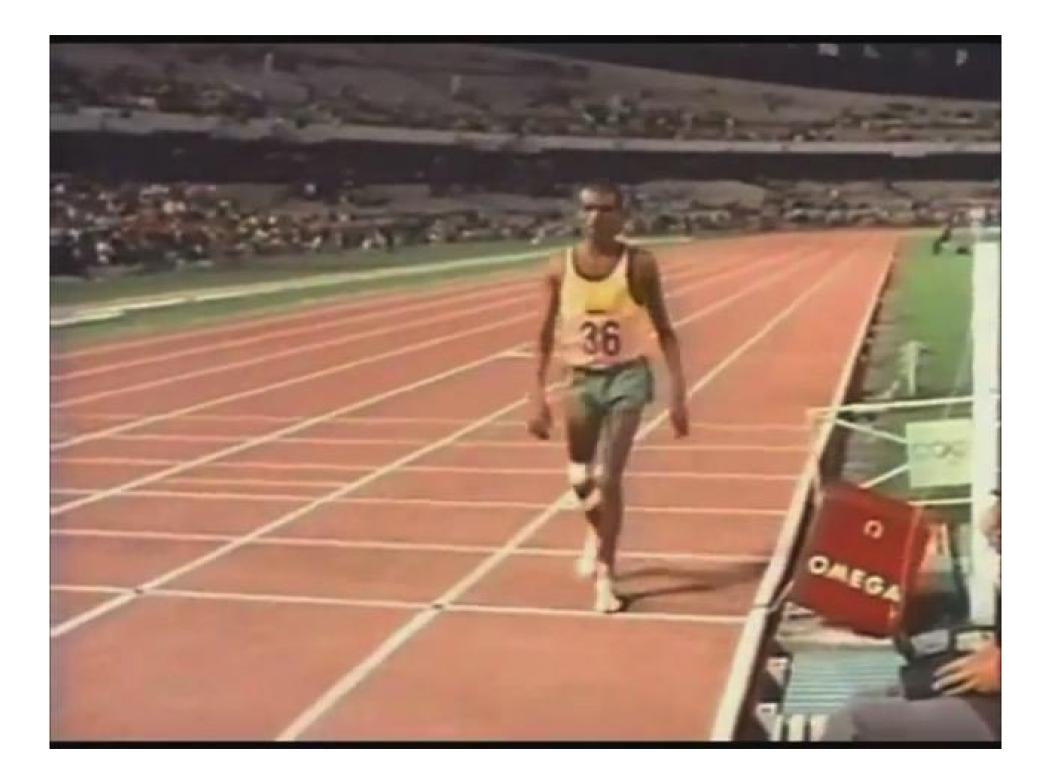
(Hebrews 12:1 ESV)



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The greatest last place finish ever

"My country did not send me 5,000 miles to start the race. They sent me 5,000 miles to finish it."

Tanzanian marathon runner John Stephen Akhwari's famous quote at the 1968 Mexico City Games

John Stephen Akhwari

Champions finish what they start





1968 Olympic Marathon

2. Remove our Encumbrances

THE BOOK OF HEBREWS

2. Remove our Encumbrances

let us also lay aside every weight, and sin which clings so closely My life is governed by this rule:

Anything that dims my vision of Christ or takes away my taste for Bible study,

or cramps my prayer life or makes Christian work difficult is wrong for me, and I must, as a Christian, turn away from it."

J. Wilbur Chapman

2. Remove our Encumbrances

THE BOOK OF HEBREWS

3. Remember the Encouragements

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us,

(Hebrews 12:1 ESV)

For whatever was written in former days
was written for our instruction, that through
endurance and through the encouragement of the Scriptures
we might have hope.

(Romans 15:4 ESV)

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us,

(Hebrews 12:1 ESV)

looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

(Hebrews 12:2 ESV)

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(Hebrews 12:2 ESV)

Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.

In your struggle against sin you have not yet resisted to the point of shedding your blood.

(Hebrews 12:3-4 ESV)

looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

(Hebrews 12:2 ESV)

If you look at the world, you'll be distressed.

If you look within, you'll be depressed.

But if you look at Christ, you'll be at rest.

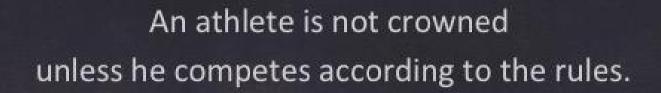
Corrie Ten Boom

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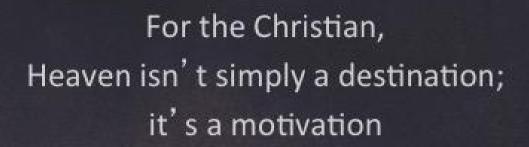
(Hebrews 12:2 ESV)

Every athlete exercises self-control in all things.
They do it to receive a perishable wreath,
but we an imperishable.

(1 Corinthians 9:25 ESV)



(2 Timothy 2:5 ESV)



Warren Wiersbe





