

# HEAVY

AN EASTER SERIES







Matthew 马太 11:28

Come to me, all who labor and are heavy laden,  
and I will give you rest.

凡劳苦担重担的人都到我这里来，  
我要使你们得安息。





***Am I Going To Heaven ?***  
*find out inside*

What do you think is required to get to Heaven?  
你需要什么才可去天堂？

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1. Obeying God's laws and commandments.  
遵守神的律法

What do you think is required to get to Heaven?  
你需要什么才可去天堂？

2. Doing any religious deeds water baptism, penance, confirmation and charitable giving.

服从宗教仪式，例如洗礼，奉献等。

What do you think is required to get to Heaven?  
你需要什么才可去天堂？

3. Doing any good works, like helping mankind.  
善行， 如帮助他人



What do you think is required to get to Heaven?  
你需要什么才可去天堂？

4. Doing any spiritual things like turning from sin, following Christ's lifestyle or stop sinning.  
做属灵的事，如不在犯罪



John 约翰 3:16

For God so loved the world,  
that he gave his only Son,  
that whoever believes in him  
should not perish but have eternal life.

上帝爱世人，  
甚至将他独一的儿子赐给他们，  
叫一切信他的人不致灭亡，  
反得永生。



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## Matthew 马太 11:29

Take my yoke upon you, and learn from me,  
for I am gentle and lowly in heart,  
and you will find rest for your souls.

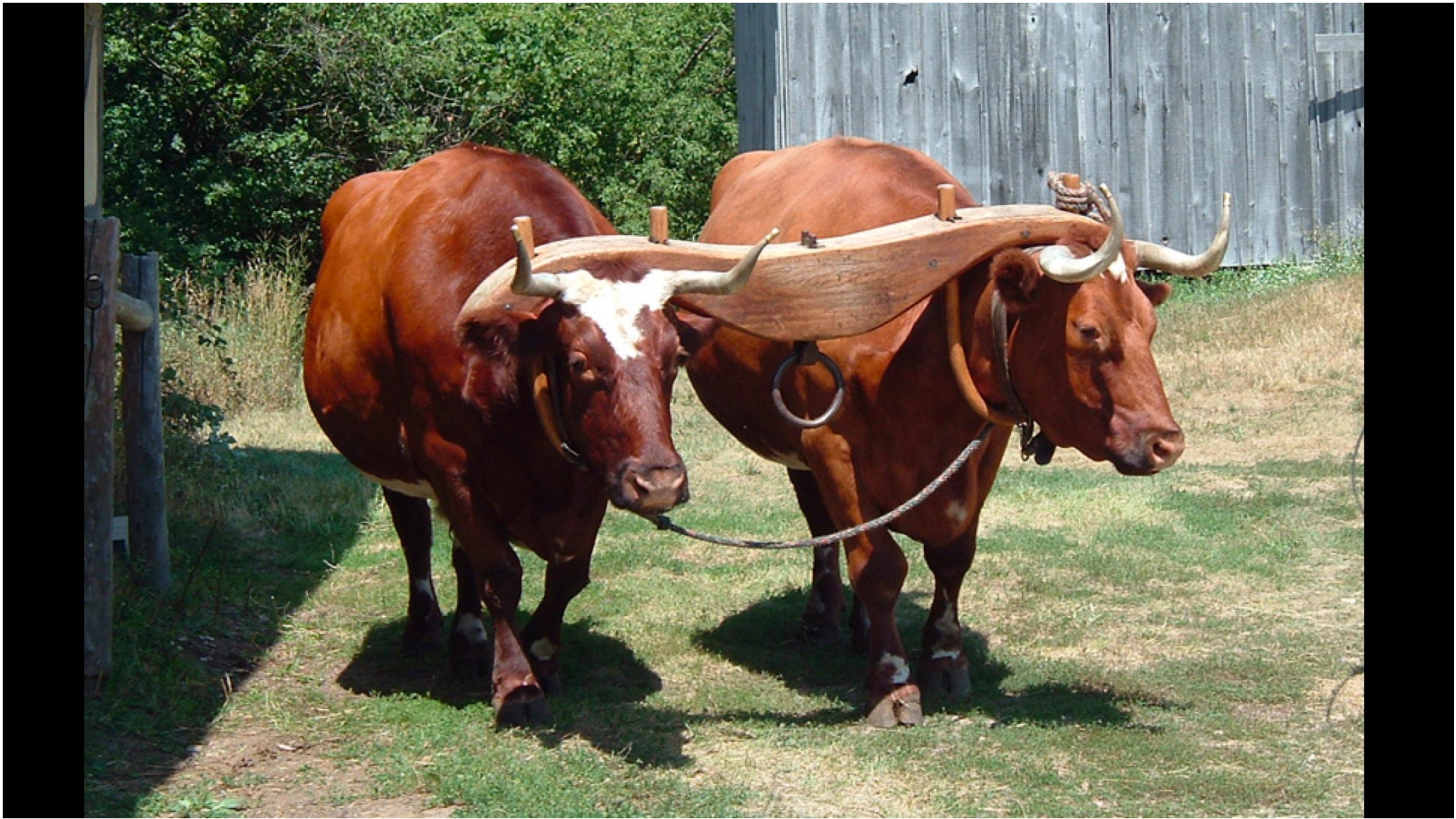
我心里柔和谦卑，  
你们当负我的轭，向我学习；  
这样，你们的心灵就必得安息。















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Matthew 马太 11:29-30

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For my yoke is easy, and my burden is light.

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因为我的轭是容易的，我的担子是轻省的。









Channel NewsAsia

6 mins · 🌐



FIRST: 20-year-old Le Van Thang camped outside the [Apple](#) store on Orchard Road since 7am yesterday to be first in the line for the new [iPhoneXS](#).

"I feel zero tiredness, now I have to rush to the airport and fly home to Vietnam," he says.





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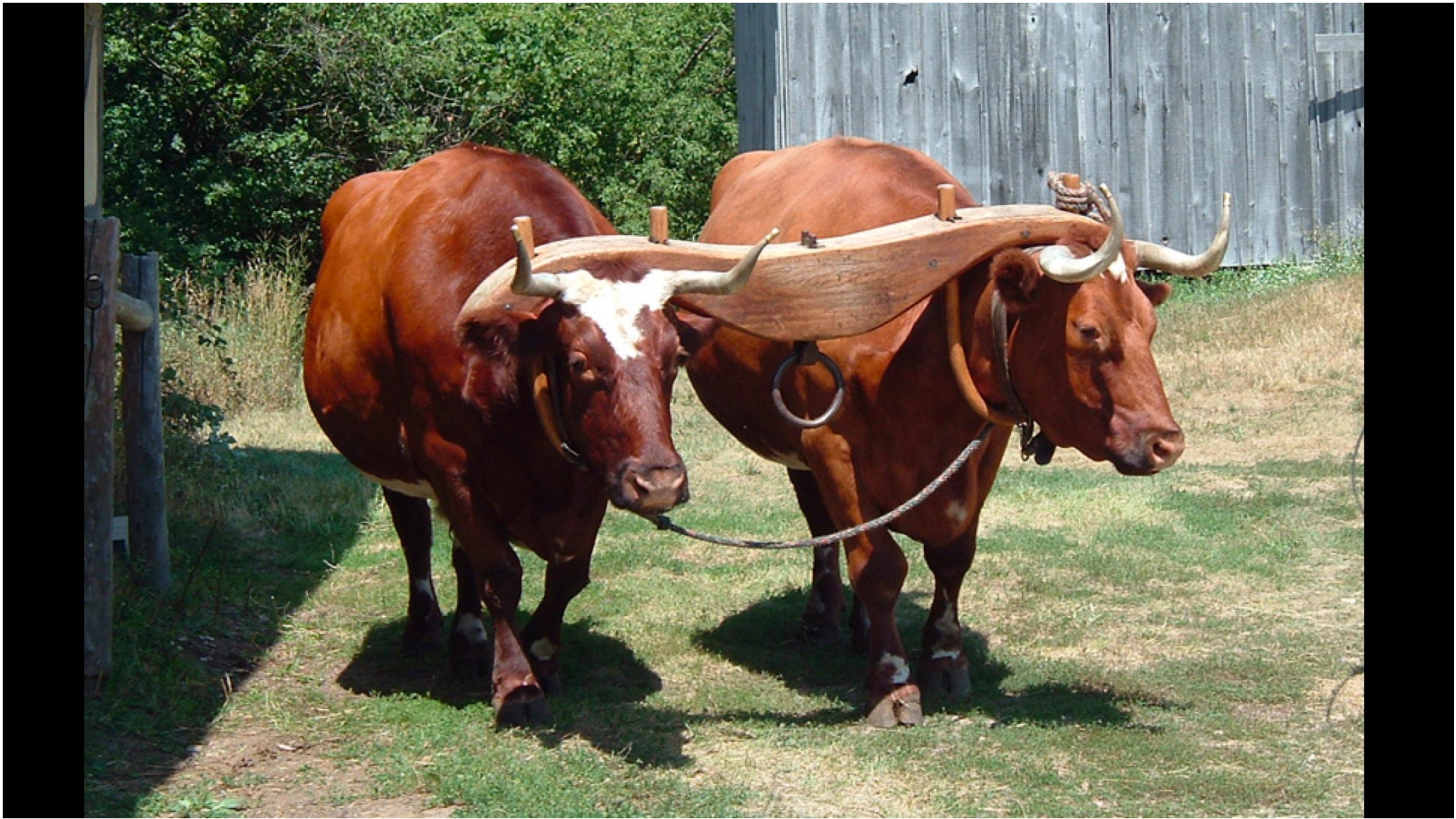
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