



FOUR COMMON QUESTIONS ABOUT BIBLICAL COUNSELLING

1) What kinds of issues can the Biblical Counselling Ministry (BCM) address?

The counsellor has initial meetings with the counsellee to assess if specialised and targeted help is needed. Where necessary, people will be directed to relevant agencies. Some examples are those who:

1. require psychiatric treatment,
2. are diagnosed with schizophrenia, bipolar disorder, psychosis or personality disorder, or
3. are involved with substance abuse addiction

The BCM will take on all other cases.

2) What are some common concerns about Biblical counselling?

Concern 1: Can Scripture be used for counselling, as it is about salvation?

Yes. Scripture is written with the primary purpose of bringing mankind back to God. It also shows us what we can expect in life and equips us to meet these challenges.

There are over 200 verses in the Bible, telling us that Scripture is meant for counselling.

Exodus 18:19

Hearken now unto my voice, I (God) will give thee counsel

Psalms 32:8

[The LORD says,] "I will instruct you. I will teach you the way that you should go. I will advise you as my eyes watch over you."

Isaiah 9:6

For unto us a child is born, unto us a son is given..... and his name shall be called Wonderful, **Counsellor**, The mighty God, The everlasting Father, The Prince of Peace.

The Bible gives many answers to life's challenges, which is why we counsel from Scripture.

Concern 2: Will I end up getting preached to instead of helped?

BCM counsellors will not preach. We will leave that joy to pastors. BCM will show you the root causes, present God's perspectives, help you choose wisely and guide you in your recovery journey.

3) What's the difference between Biblical and secular counselling?

Biblical counsellors share the same goal as secular counsellors – helping you find solutions to your problems. But our approach differs.

Biblical Counselling	Secular Counselling
Rebuilds the person holistically. Does not limit itself to the immediate problem	Focuses on finding solutions to the immediate problem
Bases counselling principles on time-tested Scriptural truths	Use techniques and methodologies created by man and science



Leads a person to find strength in the Lord by developing a close relationship with Him	Believes true happiness is achieved through self-motivation and effort
Guides the person to do what is right in God's eyes	Overcomes problems by doing what is right in the counsellee's eyes (man's eyes)
Emphasises God's grace and love	Emphasises self-fulfilment

4) How do I find a Biblical counsellor who is right for the issue I'm facing?

As you pray and ask God for guidance, do reach out for available help.

Speak to us if you face challenges, and desire to see what God can do with your life.

Contact us@ 91176000 or bcm@gospellight.sg

Elder Thomas Teh
Biblical Counselling Ministry Team

CLASSES AND TRAINING

• BAPTISM

Those who have believed in Jesus Christ as their Lord and Saviour are encouraged to be baptized. Attendance at Baptism Class is a prerequisite. Submission of written testimonies with completed application forms is a must. Register and download application forms via our website at Connect – [Events](#).

*In light of the current Covid situation, registration is limited to 12 pax. Registrants must be fully vaccinated^.

Classes are conducted via Zoom

Baptism Class (English)

Date: 25 Sep, Saturday
Time: 9:00am – 10:00am

Baptism Class (Chinese)

Date: 26 Sep, Sunday
Time: 11:15am – 12:15pm



Baptism Date: 31 Oct, Sunday
Venue: Shine Auditorium, Level 4

Registration closes on 12 Sep

Please see the vaccination requirements for baptism on the right.

• EXPOSITORY BIBLE STUDY – BOOK OF MARK

We will be taking a short break on 7 September because of the school holidays. Expository Bible Study will resume on 14 September as we continue with our study of Mark.

By: Brother Jerry Koh
Date: **Resume Tues, 14 Sep**
Time: **8pm**

^Vaccinated/Tested individuals refer to those who have:

- o Received the full regimen of Pfizer BioNTech/Comirnaty, Moderna or WHO EUL vaccines, with an additional two weeks for the vaccine to be effective; or
- o Recovered from Covid-19 and have a valid PET Exemption Notice; or
- o Obtained a negative result on a pre-event test (PET) administered by MOH's approved COVID-19 test providers. This PET needs to be taken in the past 24 hours before the expected end of the event. E.g If the service you are attending will end at 12pm on Sunday, you will need to go for PET between 12pm on Saturday to 12 pm on Sunday.
- o Only vaccination records that are available via HealthHub app or TraceTogether app/token are accepted.

RECRUITMENT

• JOBS AVAILABLE

Building Facilities Maintenance Assistant

If you or anyone you know would be interested to serve with us for the above position, please contact Benita Teo at benita.teo@gospellight.sg. Details of the job position are available via our website under gospellight.sg **Contact > Careers**.

CHURCH HAPPENINGS

• WORSHIP SERVICE

Following the latest measures by MCCY, we are resuming on-site worship services in stages:

- English (max 200 pax), Chinese (max 100)- start on 5 Sep, **only for those vaccinated/tested**
- Filipino, Varsity, Youth, Bahasa & Telugu- no need for vaccination/testing as < 50 pax

(A) Worship Services for Vaccinated/ Tested Worshippers ONLY

Congregational Service	Day and Time	Capacity for On-site Service	Registration Link for On-site Service	Livestream Link
English @ Shine Auditorium (L4)	Sunday at 9am	200 pax	https://bit.ly/2SvNREO Opens on Sun, 4pm Closes on Fri, 9am	http://bit.ly/38BU0rA
Chinese @ Gospel Auditorium (L2)	Sunday at 9am	100 pax	https://bit.ly/3ljdv8 Opens on Sun, 4pm Closes on Fri, 9am	http://bit.ly/2Ng0TXT

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- Only vaccination records that are available via HealthHub app or TraceTogether app/token are accepted.
- We seek your understanding that worshippers who do not fulfil the above vaccinated/tested criteria will be turned away on site.

(B) Worship Services for Unvaccinated and Vaccinated Worshippers

Congregational Service	Day and Time	Capacity for On-site Service	Registration Link for On-site Service	Livestream Link
Youth @ Gospel Auditorium (L2)	Saturday at 4:30pm	50 pax	https://bit.ly/2HYp5Lm Opens on Sun, 4pm Closes on Thu, 1pm	https://bit.ly/2AaF8C3
Varsity@ Shine Auditorium (L4)	Every 1 st Sunday at 2:30pm	50 pax	For newcomers please email luzerne.cheng@gospellight.sg to register	https://bit.ly/3vTWnPy
Bahasa @ Hall 3 (Attic)	Every 1 st & 3 rd Sunday at 10:30am	50 pax	Register directly with Sister Fei Lin via whatsapp @ 9488 0363	NIL
Filipino @ Gospel Auditorium L2	Sunday at 2pm	50 pax	https://bit.ly/3mnOvRK Opens on Sun, 4pm Closes on Fri, 9am	http://bit.ly/30FjYFU
Telugu @ Gospel Auditorium L2	Sunday at 5pm	50 pax	https://bit.ly/33DksPq Opens on Sun, 4pm Closes on Fri, 9am	http://bit.ly/30G4fXI

(C) Children Service

Children Service will remain online until further notice. Please email hannah.chee@gospellight.sg to register for online Zoom Children Service on Sundays at 11am.

• CHIT CHAT! (NEWCOMERS EVENT)

Are you new to Gospel Light? Did you discover us through a friend, our online services or social media? We'd love for you to get to know us better! Chit Chat is an informal social session on Zoom where you get to mingle with our Pastor, Elders and leaders. Ever wondered what kind of church we are and where are our roots? What does our mission and vision statement mean? Save the date and we look forward to a great time of chit chat!

Date: **Saturday, 11 Sep**

Time: **11:00am**

Click Zoom link: <http://bit.ly/3oXHQij>

Meeting ID: 856 5201 9857

Password: **chitchat**

SERVICES AND PRAYER MEETINGS

- **English Service – Sunday 9am:** <https://bit.ly/38BU0rA>
- **Chinese Service - Sunday 9am:** <https://bit.ly/2Ng0TXT>
- **Filipino Service - Sunday 2pm:** <https://bit.ly/30FjYFU>
- **Telugu Service - Sunday 5pm:** <https://bit.ly/30G4fXI>
- **Youth Service- Saturday 4:30pm - 6:00pm:** <https://bit.ly/2AaF8C3> (Zoom ID: 659 128 5331)
Password: Gospel
(For more details contact Pastor Yu Fei @ 91285331)
- **Bahasa service will be starting on 5 Sep.**
- **Varsity (19-25 y/o) – Every 1st Sunday of the month 2:30pm – 5:00pm:** <https://bit.ly/3vTWnPy> (Zoom ID: 447 752 1889) Password: **Varsity.** (For more details contact Luzerne @ luzerne.cheng@gospellight.sg)
- **Wednesday Prayer Meetings – 8pm:** <https://bit.ly/35HS8uy>
- **Sunday Prayer Meetings – 8:15am:** <https://bit.ly/3drPHpN>

If you are interested to receive our weekly prayer list, please email shine@gospellight.sg

GIVING ONLINE

You may give your offerings in the following ways:

1) PayNow

Under the UEN/Bill Reference No. section you can:

- State "NA" - Offering will go towards General Fund
- State IFL or Missions - To designate the offering

(a) Via "Scan and Pay"

- Open up your bank app and select "Scan and Pay"
- Scan the QR code below:



(b) PayNow UEN

You can also opt to key in the UEN: **S885S0082AGF1**

2) Internet Banking

- Add payee as Gospel Light Christian Church
- Account Number: **033-021695-5**
- Name of Beneficiary Bank: DBS Bank
- Under the Remarks section, you can leave it blank for the offering to go towards the General Fund or indicate IFL or Missions if you want to designate the offering.

3) Cheque

- Crossed cheque made payable to "Gospel Light Christian Church"
- On the reverse of the cheque, write **Gospel Light Christian Church** and the respective bank account numbers:

- General Fund - **033-021695-5**
- Missions Fund - **001-042653-2**
- Punggol IFL Repayment - **015-902803-8**

- Cheques can be deposited at any POSB or DBS bank into the church's accounts.

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Leading Generations into a Life-changing Relationship with Jesus Christ