



19 November 2023

## THE PORNOGRAPHY EPIDEMIC (PART 2)

Many people are exposed to pornography during their teenage or young adult years. Due to curiosity, many become hooked on pornography and masturbation. Over time, this becomes the default method to relieve boredom, stress, and soothe strong emotions like anger and sadness. Many porn addicts are right here in church. They experience immense shame and guilt because they tried numerous times to break the habit but have failed. They feel defeated and wonder if they will ever have victory over porn.

If you are one of them, I have good news for you. In my work as a professional counsellor, I meet young people like these almost every single day. And the good news is that recovery is definitely possible! It may require some struggle, but if you are serious about quitting pornography and masturbation, I can tell you that it is definitely possible. Because I have personally done it myself and continuously see people do it. But more importantly, I want to tell you what is on the other side of addiction to pornography. Once you have rid yourself of this enslavement, there is great liberation! You no longer see another human being through the lens of lust. Gradually, you begin to heal from the shame and guilt that has plagued you for so long. You no longer feel spiritually defeated.

If you are serious about quitting pornography and masturbation, I suggest the following steps arranged in the acronym C-P-R:

**C** - *Confess your sins* to a trusted Christian who is willing to journey with you and hold you accountable.

**P** - *PRAY! PRAY! PRAY!* It is a spiritual warfare and one of our most powerful weapon of warfare is prayer!

**P** - *Pursue Christ!* Only Christ can truly satisfy our souls. Start reading Scripture every day. Start memorizing Scripture on a regular basis.

**R** - *Remove access.* If you are serious about quitting pornography, you must be willing to take radical steps to remove access to pornography. Some suggested steps include installing a reliable porn filter on your devices, handing over your devices to someone for safekeeping for a period of 1-3 months, not using devices when you are alone, staying away from social media (a common trigger for many people to watch pornography) for 1-3 months etc.

However, some of you may be heavily addicted to pornography. And these steps are insufficient for you to stop. If you are one of them, you need professional help. Seek out professional counsellors who are trained to help people with pornography and sex addiction. One resource is the Biblical Counselling Ministry in GLCC.

Finally, I want to conclude by saying that there is forgiveness in Jesus Christ. Jesus paid for not only our past sins, He also paid for our present and future sins. Two thousand years ago, Jesus saw you and all your transgressions, including your sexual sins, yet He still went to the Cross to die for you. Not only is there forgiveness in Christ, there is also healing in Christ. Pursue Christ with all your heart, mind and strength! Only He can truly fill the void that we so desperately try to fill with the things of this world.

His servant,

Elder Jeffrey Pang  
Shepherding Elder



# CHURCH HAPPENINGS

## • THANK YOU FOR YOUR LOVE GIFT

We would like to thank God for all of you who have given generously toward our Local Church and Missions staff. This year we received S\$147,513.19 in love offerings. Thank you again for your generosity and love!

## • CHRISTIAN LEADERS IN THE TECH MARKETPLACE

Digital Missions 360 is hosting a 'fireside' chat with Elder Frederick Chew (CEO, of A\*STAR). He will be sharing with us his views on how to impact the technology marketplace as a Christian leader. Lunch will be provided and places are limited and subject to availability.

Date: Fri, 24 Nov 2023

Time: 12:00pm - 1:30pm

Venue: 360 Dunearn Road

To register, please visit this link:

[https://bit.ly/lunchdm360\\_2](https://bit.ly/lunchdm360_2).

*About Digital Missions 360 (DM@360):*

*We are a mission ministry for marketplace Christianity, enabling mission work through Digital technologies and Christian ventures.*

*In partnership with Digital Mission Ventures:*

*Building an ecosystem of founders, funders, mentors and partners for Kingdom impact.*

## • IT'S CHRISTMAS TIME

On this side of eternity, Christmas is a promise. The Savior brings peace to those who receive him, but the story isn't finished until there is peace on earth. Every Christmas is still a 'turning of the page' until Jesus returns. Every 25 December marks another year that draws us closer to the fulfilment of the ages. May the babe of Bethlehem who gave his life on the Cross of Calvary bring you love, joy and peace from now and into eternity.

*"...BEHOLD, I BRING YOU GOOD NEWS of great joy that will be for all the people. For unto you is born this day in the city of David a Savior, who is Christ the Lord." Luke 2:10-11*

Date: Mon, 25 Dec 2023

Time: 11:00am – 2:00pm

Venue: Shine Auditorium (L4)

Ticket: \$5 per pax (adults and children age 2 and above; FOC for age below 2)

To purchase ticket, please visit this link

<https://bit.ly/45ZaCnD>.

Ticket sales closes, Sun, 17 Dec.

## • JOB RECRUITMENT

Do you love kids? Do you have a heart to impact them with the Gospel? The Lord has brought a harvest field to us through our ShineKidz Afterschool Care. If this is your heartbeat, join us to serve the children and point them to Jesus.

1. ShineKidz Supervisor
2. ShineKidz Executive

For more details of the job position, please visit our website at [Careers](#) or email Benita Teo at [benita.teo@gospellight.sg](mailto:benita.teo@gospellight.sg).

## • YOUTH CAMP: LIFE 2023

Date: 18 – 21 Dec 2023

Camp Fee: \$80

Venue: Gospel Light Christian Church, 39 Punggol Field Walk

To register, please visit this link: <https://bit.ly/45D9k1w>.

Registration closes Sat, 2 Dec.



# CLASSES & TRAININGS

## •SHEPHERDS' TRAINING REGISTRATION

We will be kickstarting our Shepherds' Training in 2024. Word-based ministry leaders and potential leaders are invited to register and join us on this journey.

Semester 1 Dates: 27 Jan – 25 May 2024

(Every last Saturday of the month)

Time: 2:00pm – 5:00pm (light refreshments will be served)

Venue: Light Auditorium (L3)

\* Only 100 spots!

To register, please visit this link: <https://bit.ly/3tGePiD>.

Registration is on a first-come-first-served basis and subject to approval. Successful applicants will be informed at least 2 weeks prior to the first training date.

Registration closes, Thu, 30 Nov.

## •BAPTISM

Those who have believed in Jesus Christ as their Lord and Saviour are encouraged to be baptized. Attendance at Baptism Class is a prerequisite. Submission of written testimonies with completed application forms is a must. Classes are conducted on-site. Register and download application forms via our website at <https://bit.ly/3Ft6DEw>. Registration closes on Sun, 3 Dec.

Baptism Class (English)

Date: Sun, 14 Jan

Time: 1:30pm – 2:30pm

Venue: Hall 2 (L2)

Baptism Class (Chinese)

Date: Sun, 14 Jan

Time: 11:45am – 12:45pm

Venue: Hall 2 (L2)

Baptism Date: Sun, 25 Feb

Venue: Shine Auditorium (L4)

## •SILVERJOY (SENIORS) MINISTRY RELAUNCH

Every chapter of life is a gift from God. And our ministry for seniors celebrates that gift. SilverJoy isn't just a place for seniors to gather, it's a spiritual community of friendship and support.

Invite your pre-believing friends, neighbours or family members.

Date: Every 1<sup>st</sup> & 3<sup>rd</sup> Wed of the month

Time: 10:00am - 12:30pm

Venue: Connections Corner (L1)

**Upcoming events coming your way. Join us!**

Contact CE Hotline – 97537964 for inquiries

Date	Programme	Activity
06/12/23	Move it, Feel Young	Health Talk
20/12/23	Chinatown Trail Walk	Outing

Leading Generations into a Life-changing Relationship with Jesus Christ





# CLASSES & TRAININGS

## • NAGOMI ART WORKSHOP

Nagomi Art is a Japanese pastel art that employs the use of unique techniques with fingers and soft pastels. Join instructor Jill Huang to learn the basic techniques over 4 sessions.

Invite unchurched friends and family to sign up for this outreach activity. Build bridges for the gospel as we connect with participants throughout the 4 sessions.

Date: 30 Nov, 7 Dec, 14 Dec & 28 Dec 2023 (Thu)

Time: 10.00am to 12.00pm

Venue: Connections Corner (L1)

Fees: \$20

To register, please visit this link: <https://bit.ly/3ObTXaB>.

Registration closes Sun, 26 Nov.

## • EXPOSITORY BIBLE STUDY – GOSPEL OF JOHN

This Tue, 21 Nov, we will study John 5:1-17 and learn about Jesus healing on the Sabbath. The Zoom dial-in details for our session are as follows:

Date: Tue, 21 Nov

Time: 8:00pm

Join Zoom Meeting

<https://bit.ly/3pd7C7T>

Meeting ID: 851 8603 0760

Passcode: 211761

## • BEGINNING INDUCTIVE BIBLE STUDY 1&2 KINGS / DANIEL / GOSPEL OF JOHN

Begin the New Year with Inductive Bible Study online. Study the Word of God inductively and know the God of the Word intimately.

We are studying 1&2 Kings, Daniel and the Gospel of John in 2024. This study requires your commitment of 2-3 hours of personal study with Precept New Inductive Study Series (NISS) guide and 2 hours of small group sharing and discussion each week via Zoom. The schedule for the study follows:

### Daniel

Tuesday evenings 7.30-9.30pm OR Friday mornings 10am to noon

16 January - 31 May 2024

To register, please visit this link:

<https://bit.ly/49AHXsm>.

Registration closes, Sun 17 Dec.

### 1&2 Kings

Wednesday mornings 10:00am - 12:00pm (For men only)

17 January - 29 May 2024

To register, please visit this link:

<https://bit.ly/49hof4>.

Registration closes, Sun 17 Dec.

### Gospel of John

Monday evenings 7:30pm - 9.30pm

15 January - 27 May 2024

To register, please visit this link:

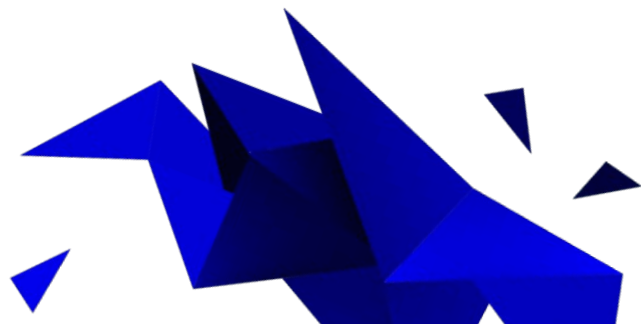
<https://bit.ly/3SMKLg7>.

Registration closes, Sun 17 Dec.

Discussion Leader: Brother Michael Lau.

The cost is \$15 each for Precept study material.

You will receive eBook to help you begin your inductive Bible study: **How to Read the Bible for All Its Worth**  
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# WORSHIP SERVICE

- **Wednesday Prayer Meetings – 8pm**

Venue: Hall 3, Attic

- **Sunday Prayer Meetings – 8:15am**

Venue: Cry Room at Shine Auditorium (L4)

If you are interested to receive our weekly prayer list, please email [shine@gospellight.sg](mailto:shine@gospellight.sg)

## (A)Worship Services

Congregational Service	Day and Time	Livestream Link
English @ Shine Auditorium (L4)	Sunday at 9am and 11am	<a href="https://bit.ly/3SH45uZ">https://bit.ly/3SH45uZ</a> (only available at 9am)
Chinese @ Gospel Auditorium (L2)	Sunday at 9am and 11am	<a href="http://bit.ly/2Ng0TXT">http://bit.ly/2Ng0TXT</a> (only available at 9am)
Filipino @ Gospel Auditorium (L2)	Sunday at 2pm	<a href="http://bit.ly/30FjYFU">http://bit.ly/30FjYFU</a>
Youth @ Gospel Auditorium (L2)	Saturday at 4:30m No service on 4 <sup>th</sup> & 5 <sup>th</sup> week	Subscribe to Youth announcement channel <a href="https://t.me/+Yd524QzAjKk2Yzll">https://t.me/+Yd524QzAjKk2Yzll</a>
Varsity @ Light 1 & 2 (L3)	Sunday at 2:30pm	Subscribe to Varsity announcement channel <a href="https://t.me/+WDu3myEwjpcxZWU1">https://t.me/+WDu3myEwjpcxZWU1</a>
Bahasa @ Hall 1 (L2) *For more info, please contact 9117 6000 / 9628 5061	Alternate Sunday at 10:30am	<u>Nil</u>
Telugu @ Gospel Auditorium (L2)	Sunday at 5pm and 8pm	<a href="http://bit.ly/30G4fXI">http://bit.ly/30G4fXI</a>

## (B) Children Service

Children's services are at **9am and 11am**:

(i) Playgroup (12 months - 35 months): Hall 3 at Attic Level

(ii) Preschool (36 months - 6 years): Eshkol Valley premise at Attic Level

(iii) Primary (Primary 1 to Primary 6): Light Auditorium at Level 3





# GIVING ONLINE

You may give your offerings in the following ways:

## 1) PayNow

Under the UEN/Bill Reference No. section you can:

- State "NA" - Offering will go towards General Fund
- State Missions - To designate the offering

### (a) Via "Scan and Pay"

- Open up your bank app and select "Scan and Pay"
- Scan the QR code below:



### (b) PayNow UEN

You can also opt to key in the UEN:

**S88SS0082AGF1**

## 2) Internet Banking

- Add payee as Gospel Light Christian Church
- Account Number: **033-021695-5**
- Name of Beneficiary Bank: DBS Bank
- Under the Remarks section, you can leave it blank for the offering to go towards the General Fund or indicate Missions if you want to designate the offering.

## 3) Cheque

- Crossed cheque made payable to "Gospel Light Christian Church"
- On the reverse of the cheque, write **Gospel Light Christian Church** and the respective bank account numbers:
  - General Fund - **033-021695-5**
  - Missions Fund - **001-042653-2**
- Cheques can be deposited at any POSB or DBS bank into the church's accounts.

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