#### PSALM 4

1 Answer me when I call, O God of my righteousness! You have given me relief when I was in distress. Be gracious to me and hear my prayer!

2 O men, how long shall my honor be turned into shame? How long will you love vain words and seek after lies? Selah



3 But know that the LORD has set apart the godly for himself; the LORD hears when I call to him.

4 Be angry, and do not sin; ponder in your own hearts on your beds, and be silent. Selah

5 Offer right sacrifices, and put your trust in the LORD.



6 There are many who say, "Who will show us some good? Lift up the light of your face upon us, O LORD!"

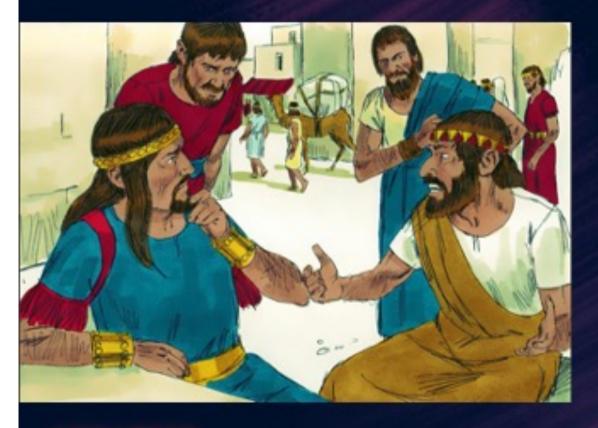
7 You have put more joy in my heart than they have when their grain and wine abound.

8 In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety.





From Distress to Joy and Peace



5 And whenever a man came near to pay homage to him, he would put out his hand and take hold of him and kiss him.
6 Thus Absalom did to all of Israel who came to the king for judgment. So Absalom stole the hearts of the men of Israel.

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2 Sam. 15:5-6

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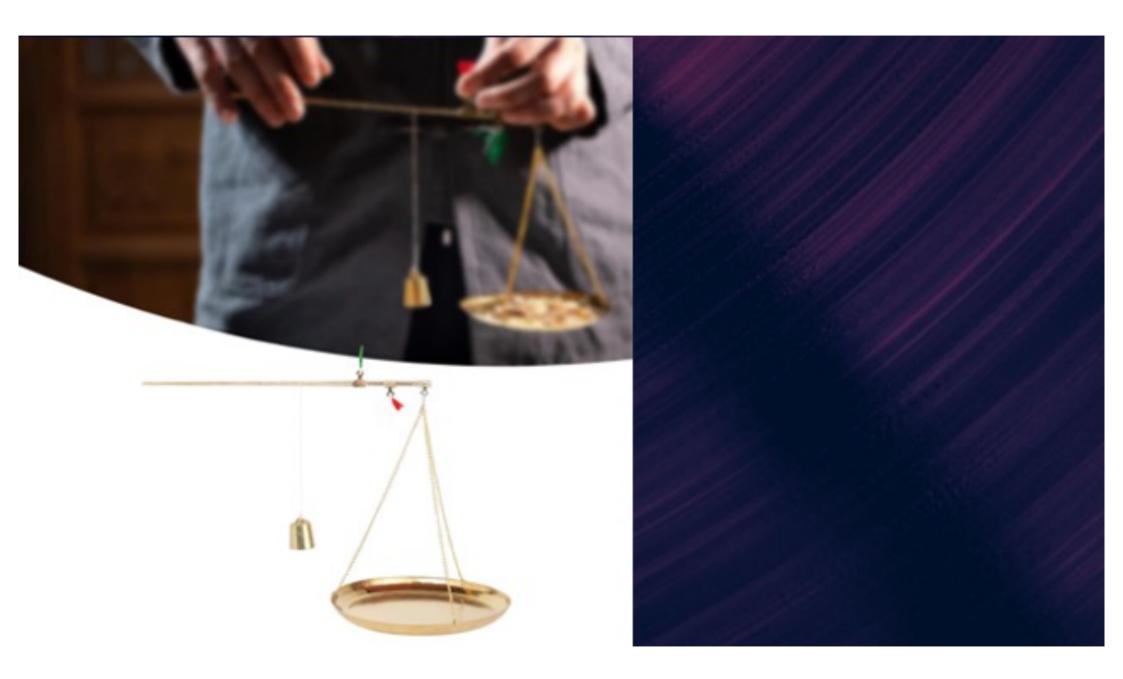
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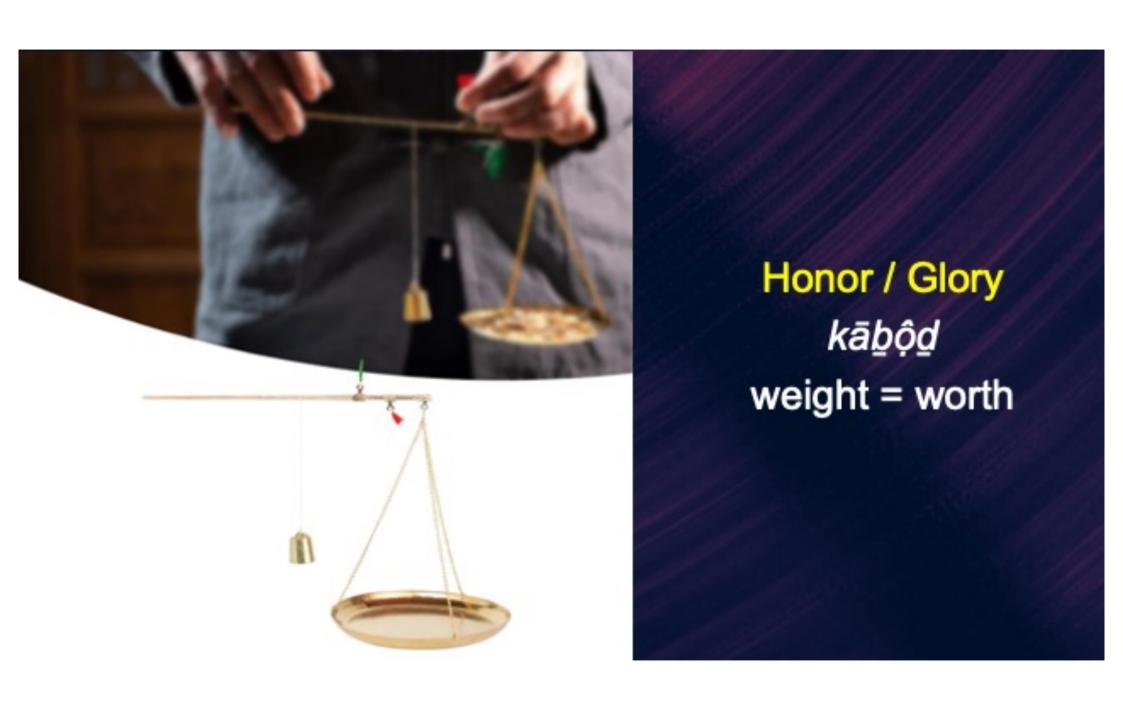


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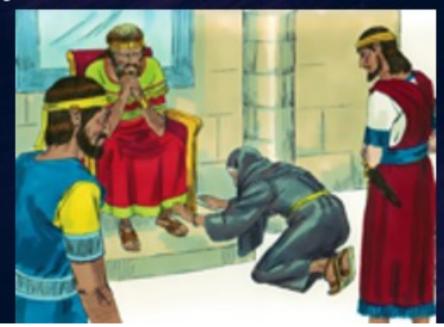
Honor / Glory =  $k\bar{a}b\hat{\rho}d$  = weight







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In capitalism, a person's worth is derived from what he or she possesses, wears, drives, address, and size of bank account.



So God created man in his own image, in the image of God he created him; male and female he created them.

Genesis 1:27



I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

Psalm 139:14



for all have sinned and fall short of the glory of God,

Romans 3:23



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How long will you love vain words and seek after lies?



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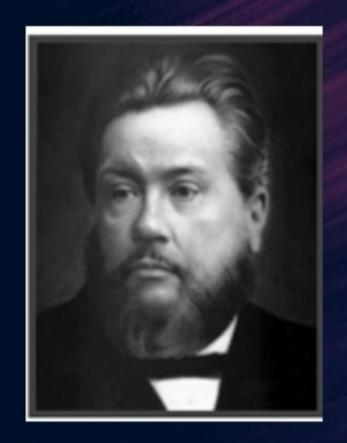


6 There are many who say, "Who will show us some good? Lift up the light of your face upon us, O LORD!"



"To have the glorious, pleased face of God shining upon man is the greatest gift one could have. To know that as God looks upon you, He is well pleased; not because of who you are, or what you have done, but because you are in Jesus Christ; there is no greater source of peace and power in life."





"Why should he fret when God smiles?
What matters though all the world
should censure, if Jehovah
countenances his servant. A look of
approval from God creates a deep,
delightful calm within the soul."
Spurgeon

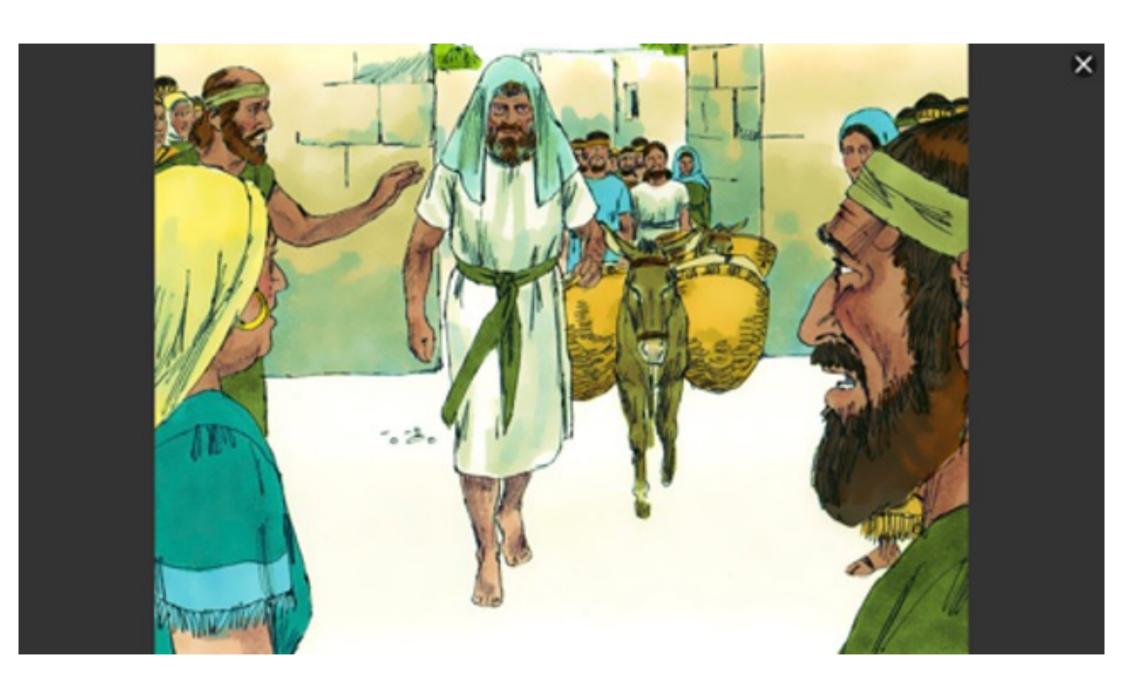
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#### What were the Results?

7 You have put more joy in my heart than they have when their grain and wine abound.

8 In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety.





So Jesus also suffered outside the gate in order to sanctify the people through his own blood.

Hebrews 13:12



So Jesus also suffered outside the gate in order to sanctify the people through his own blood.

Hebrews 13:12

And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you forsaken me?"

Matthew 27:46



#### Discussion Questions

- 1. Have you experienced a time of great distress in your life? How did you respond?
- 2. What are your takeaways from this sermon?

