

BLESSED 38th ANNIVERSARY



"10 steps for big arms"



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"the secret to getting abs in 1 month"



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"the secret to getting abs in 1 month"

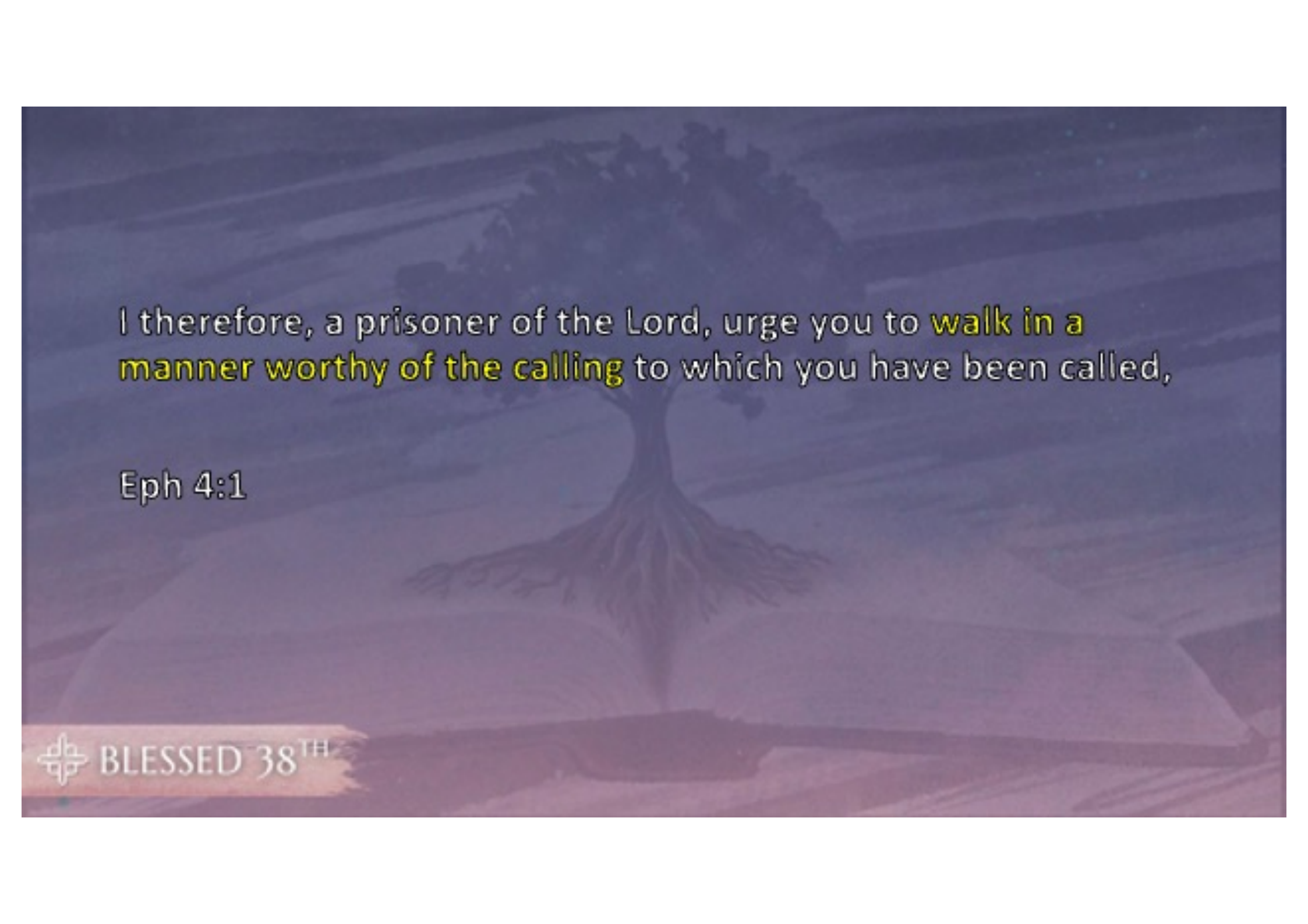
"3 exercises that get you ripped in 1 week"



The Secret Trick to Getting Ripped

(as a church)



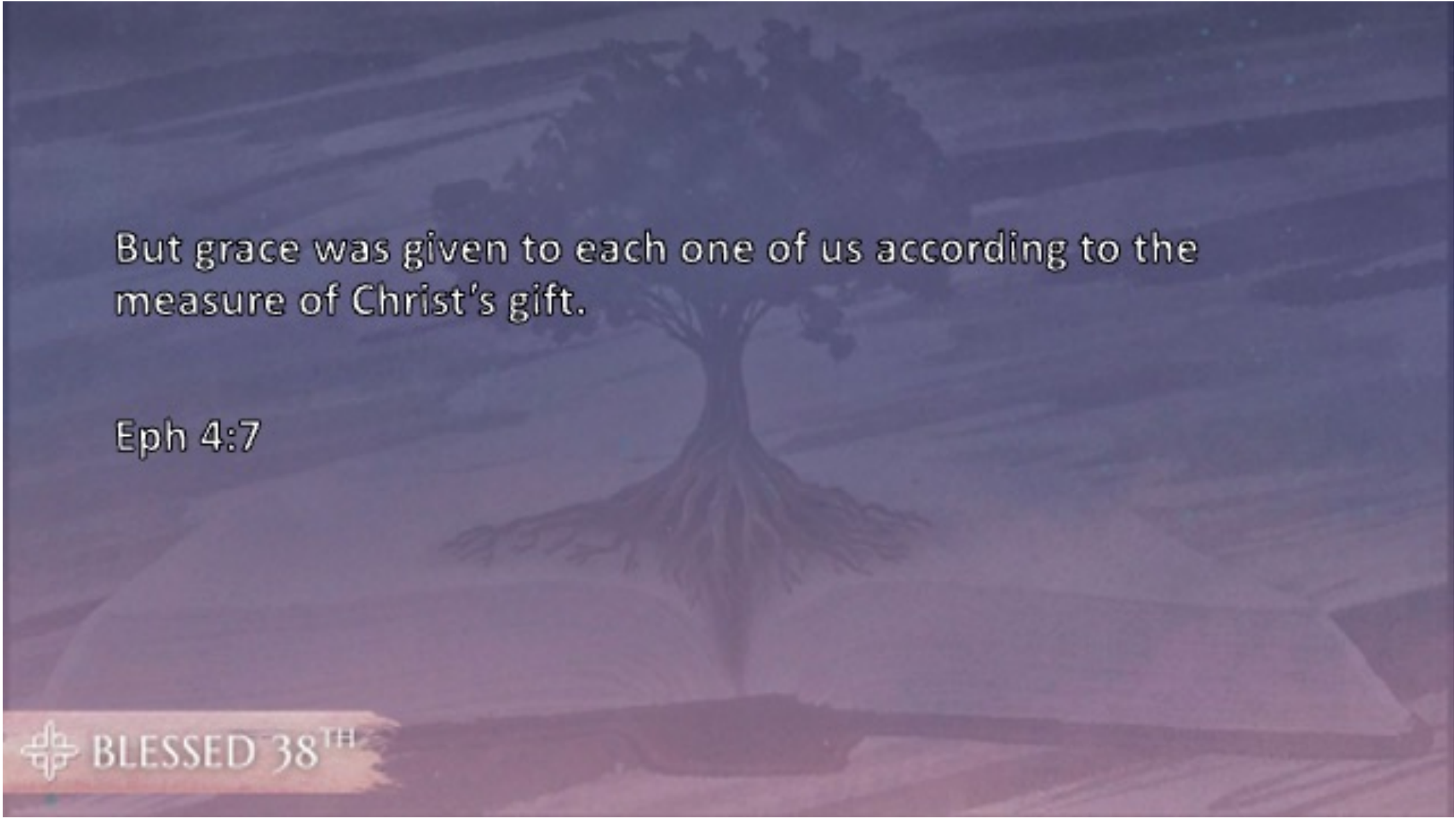


I therefore, a prisoner of the Lord, urge you to **walk in a manner worthy of the calling** to which you have been called,

Eph 4:1

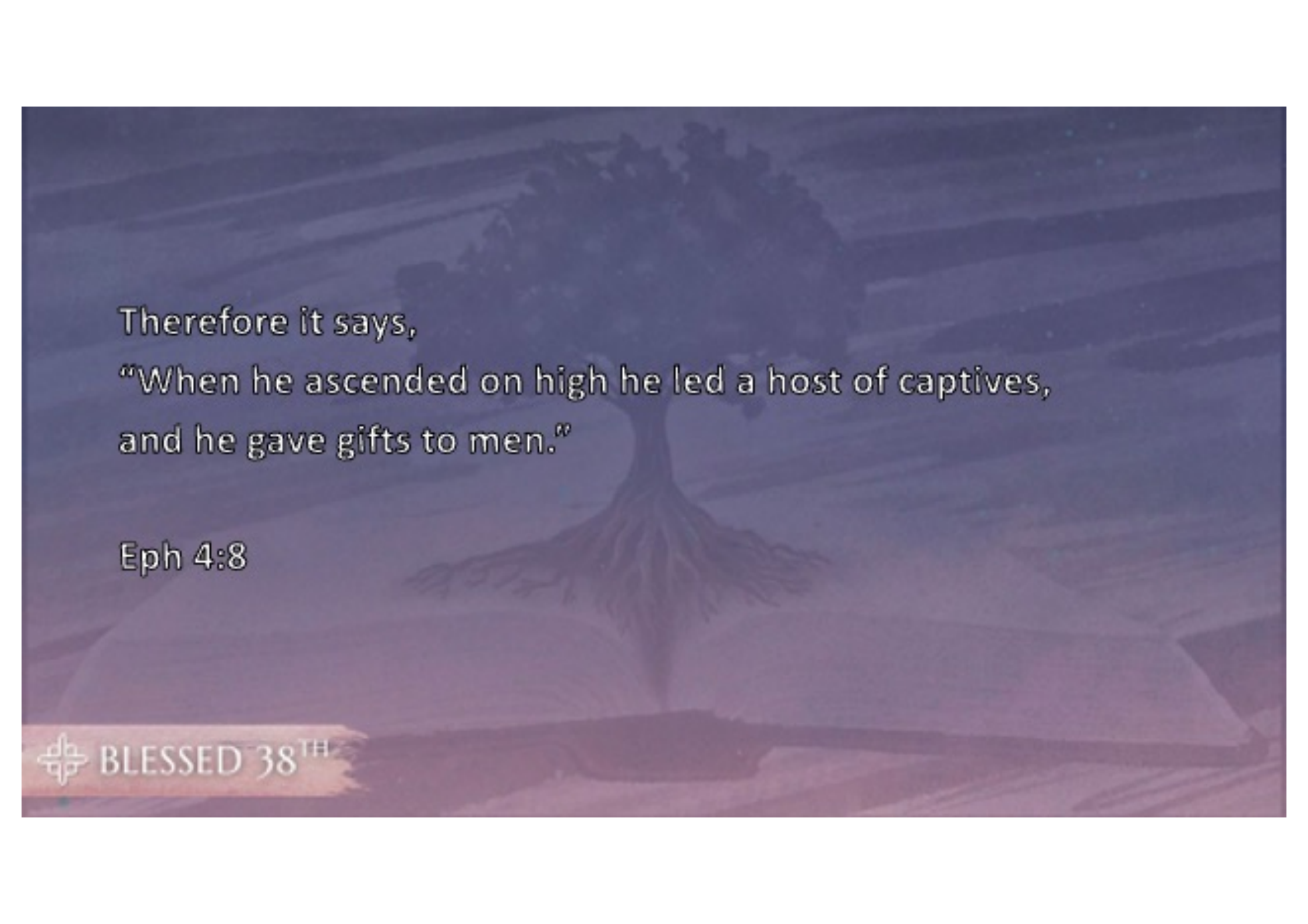
1. Origin of the Gift (4:7-10)





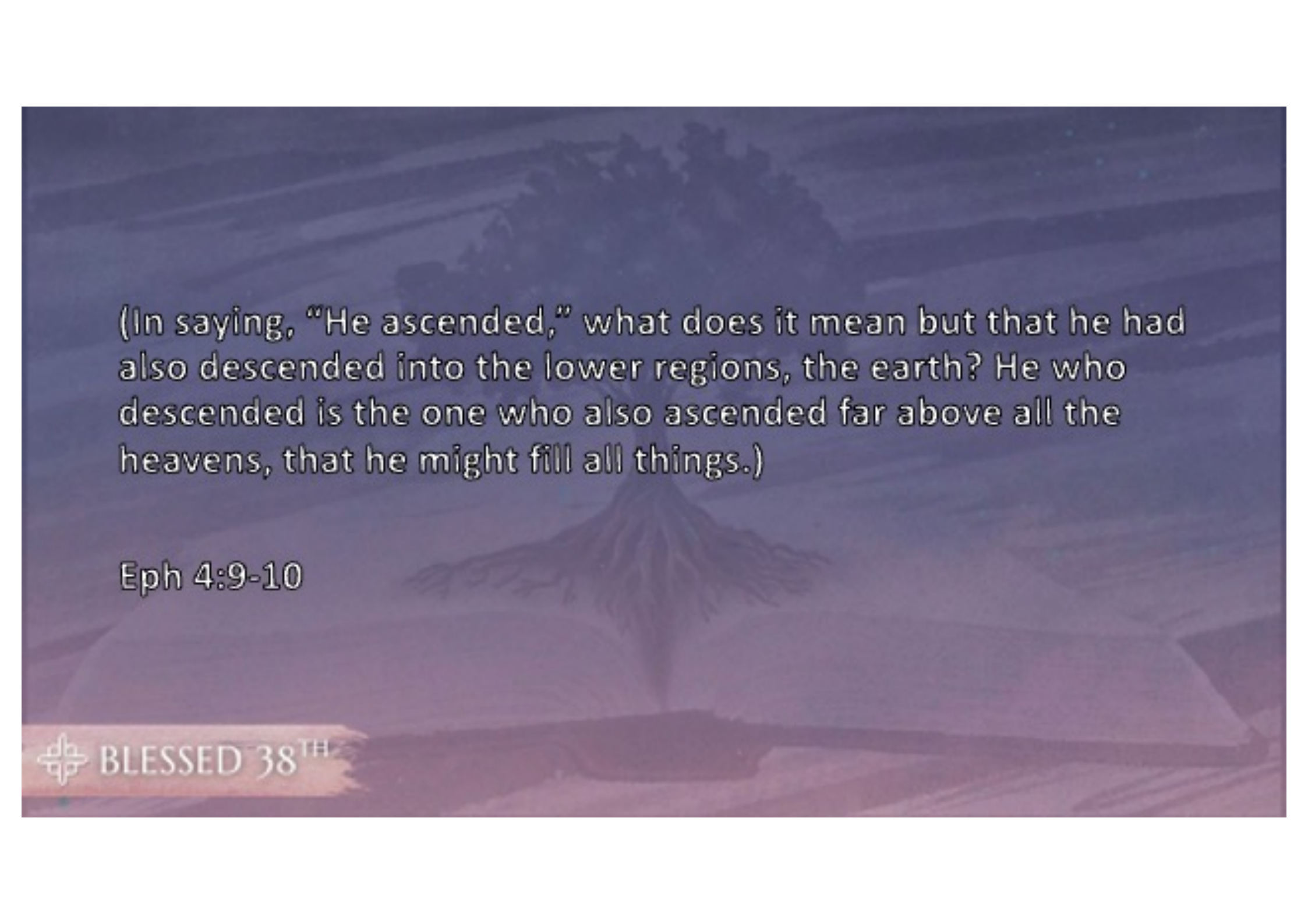
But grace was given to each one of us according to the measure of Christ's gift.

Eph 4:7



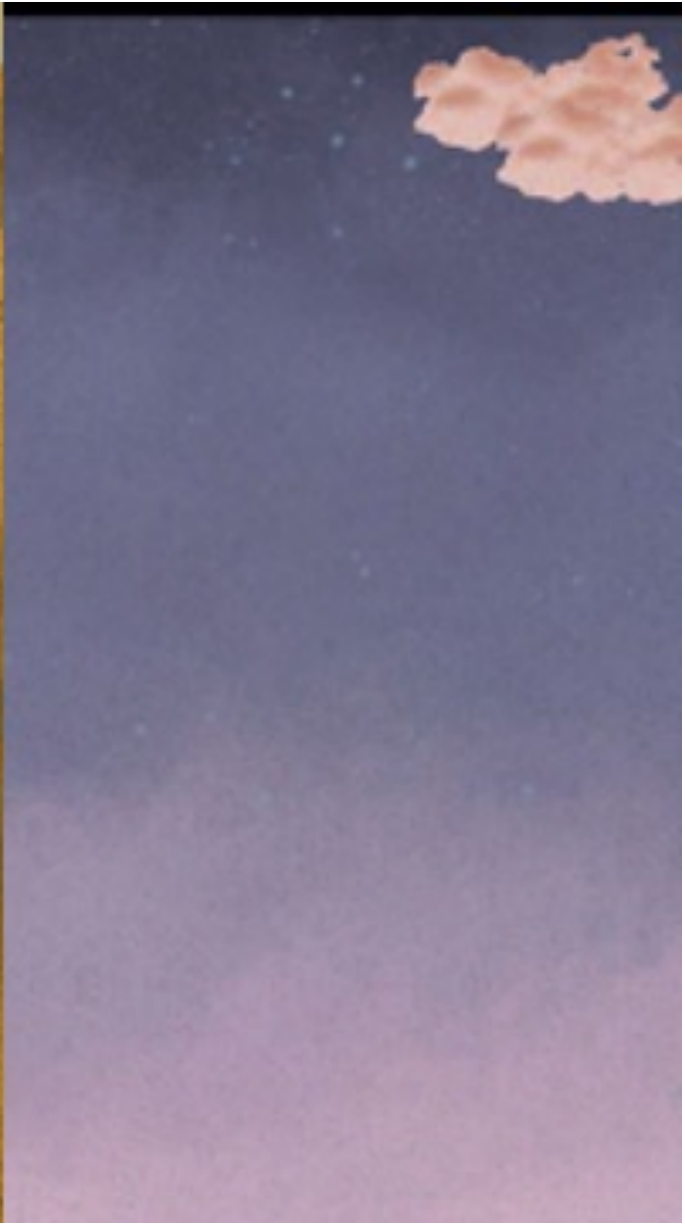
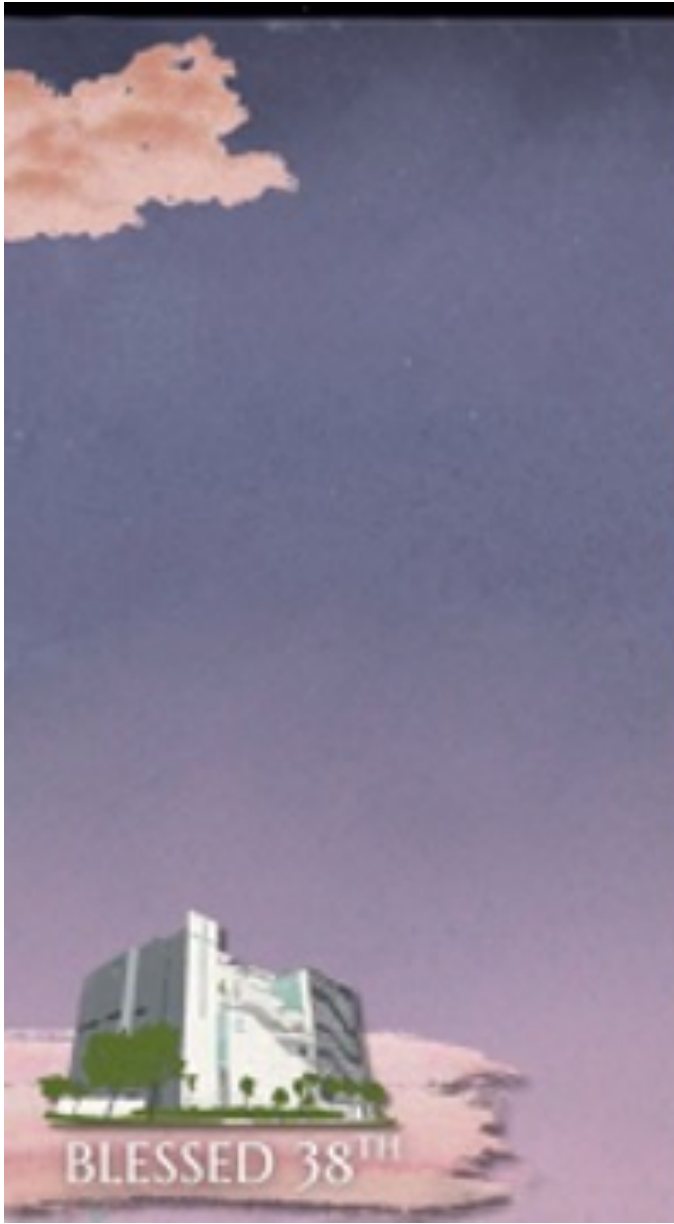
Therefore it says,
“When he ascended on high he led a host of captives,
and he gave gifts to men.”

Eph 4:8



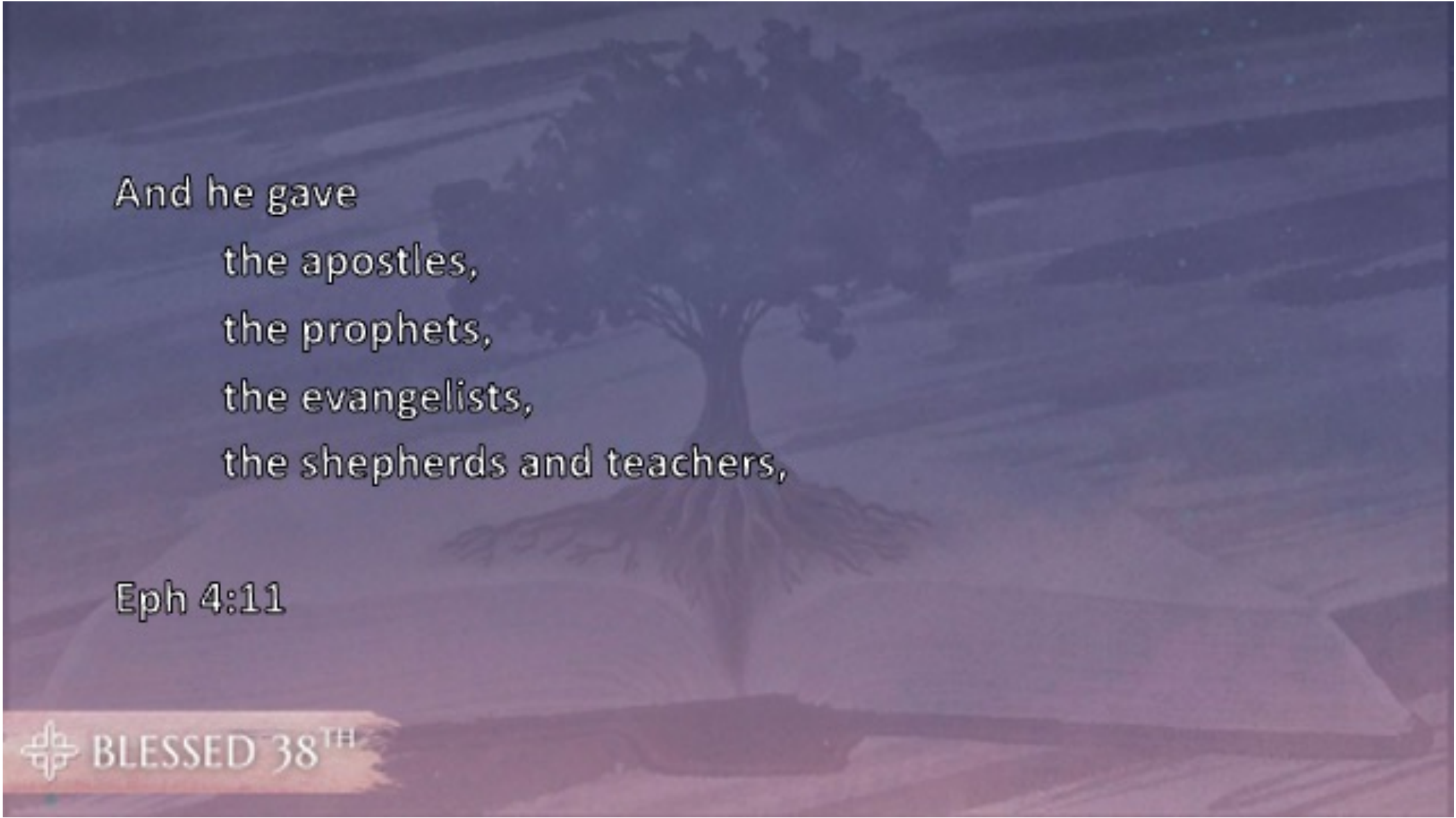
(In saying, "He ascended," what does it mean but that he had also descended into the lower regions, the earth? He who descended is the one who also ascended far above all the heavens, that he might fill all things.)

Eph 4:9-10



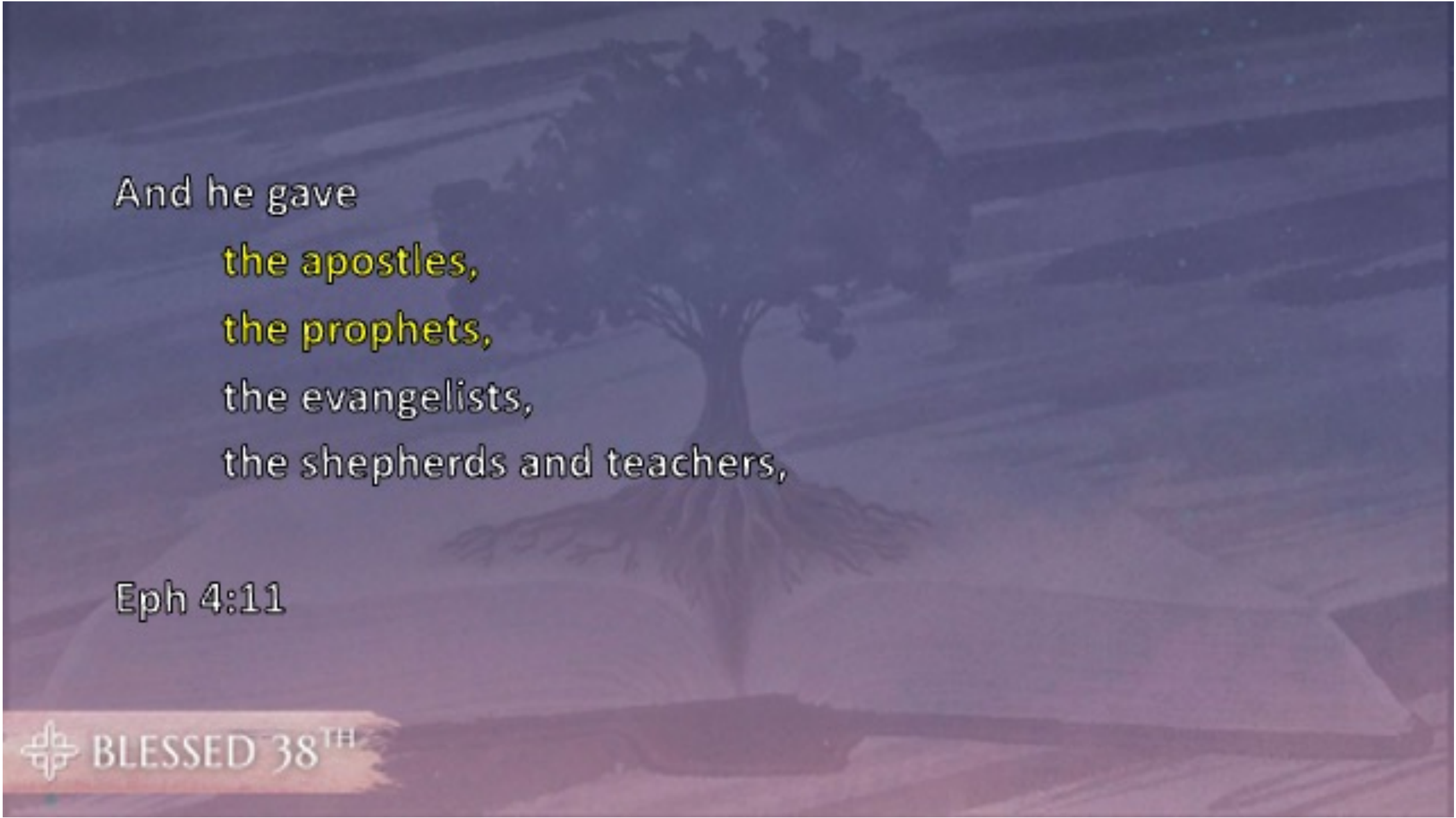
2. Orientation to the Gift (4:11)





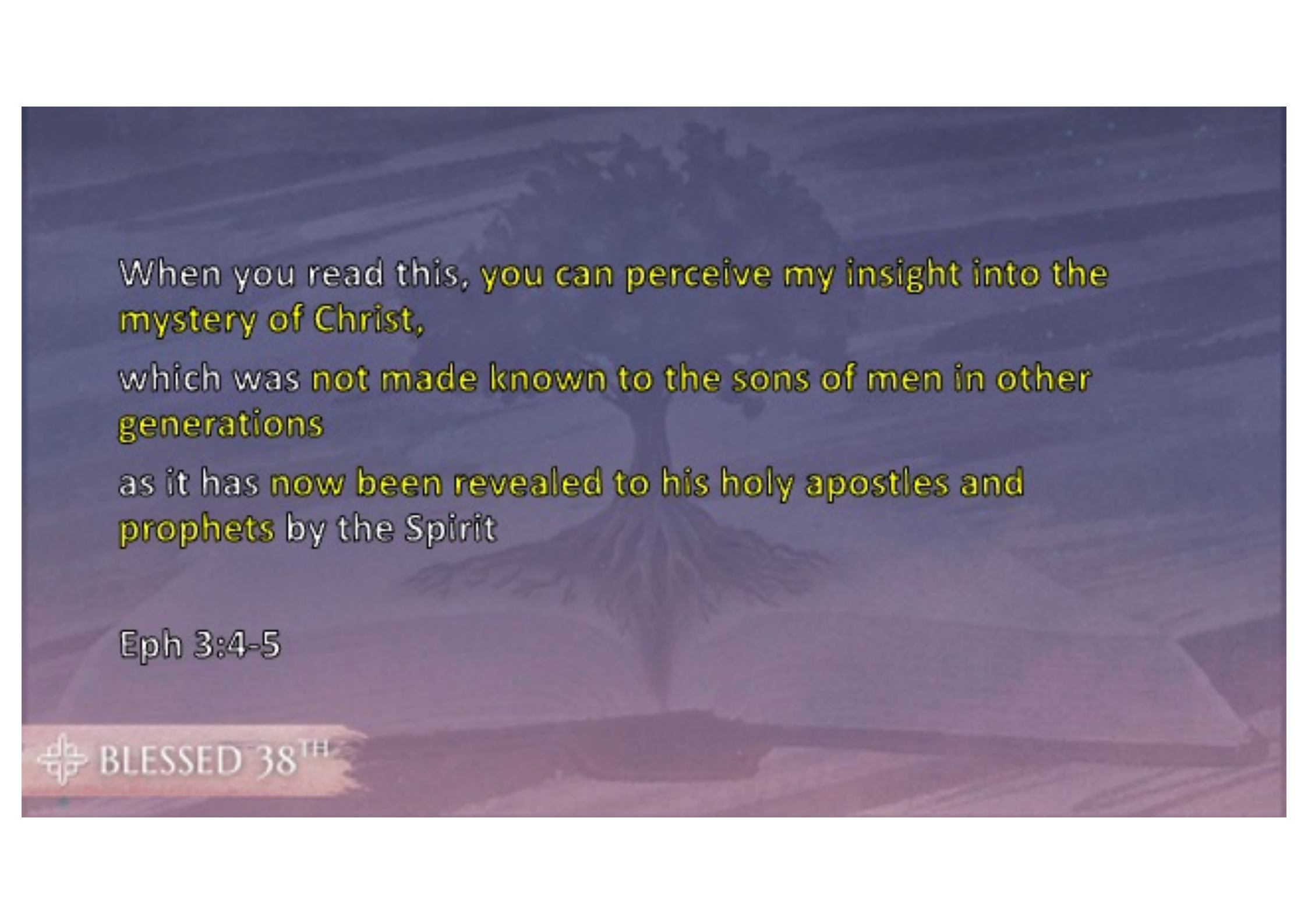
And he gave
the apostles,
the prophets,
the evangelists,
the shepherds and teachers,

Eph 4:11



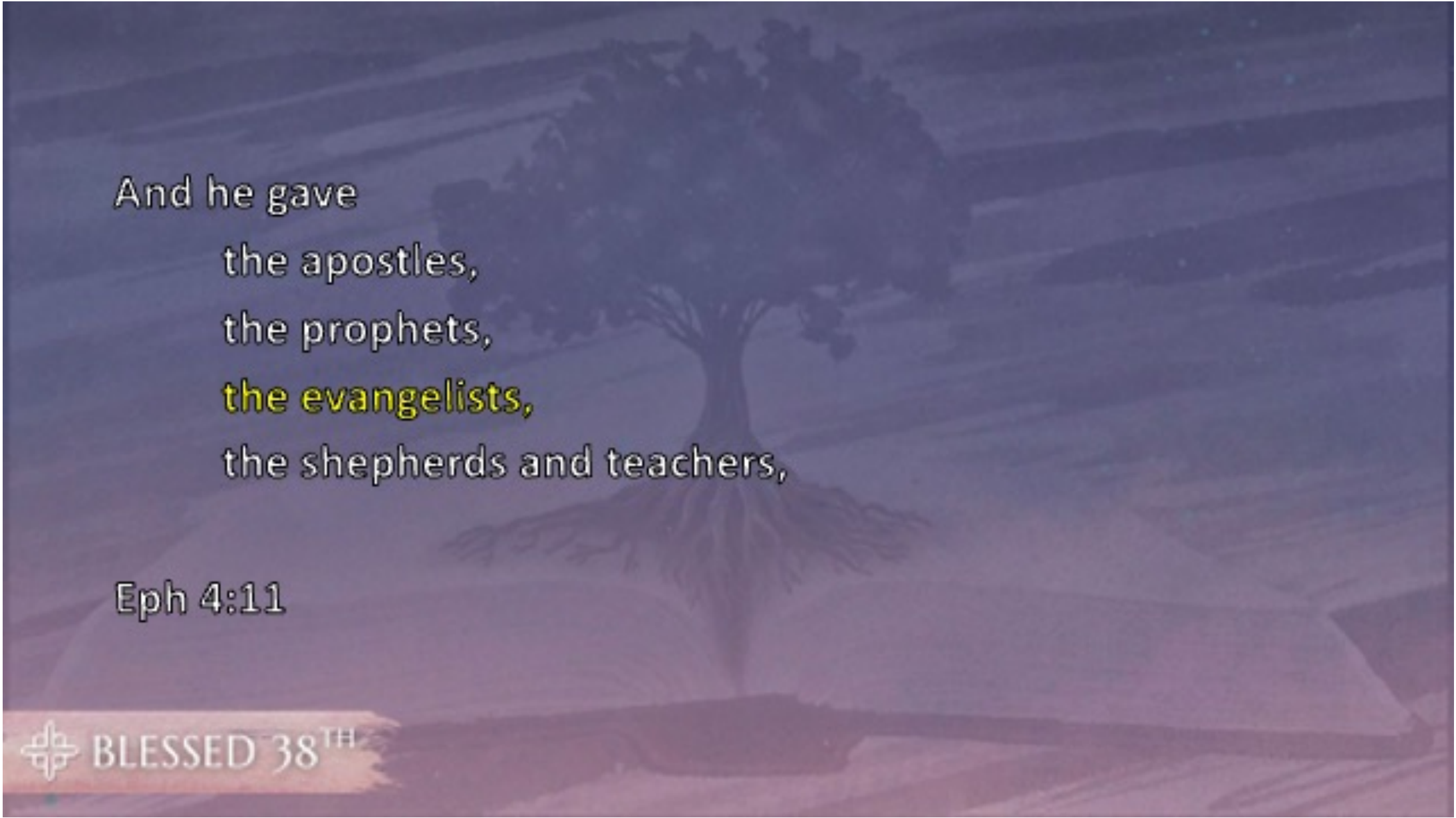
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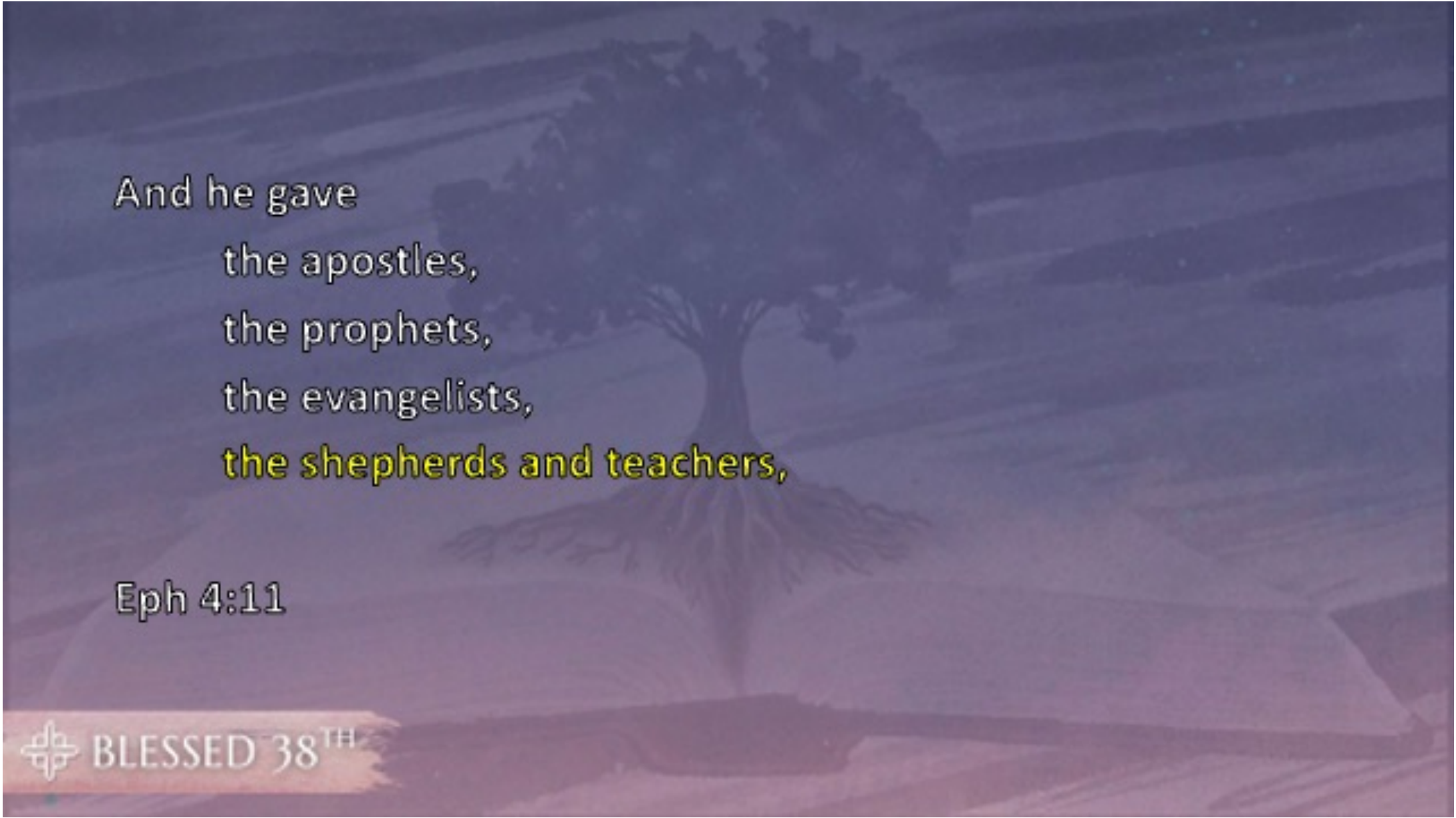
When you read this, you can perceive my insight into the
mystery of Christ,
which was not made known to the sons of men in other
generations
as it has now been revealed to his holy apostles and
prophets by the Spirit

Eph 3:4-5



And he gave
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the shepherds and teachers,

Eph 4:11



And he gave
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Eph 4:11

What is the Gift?

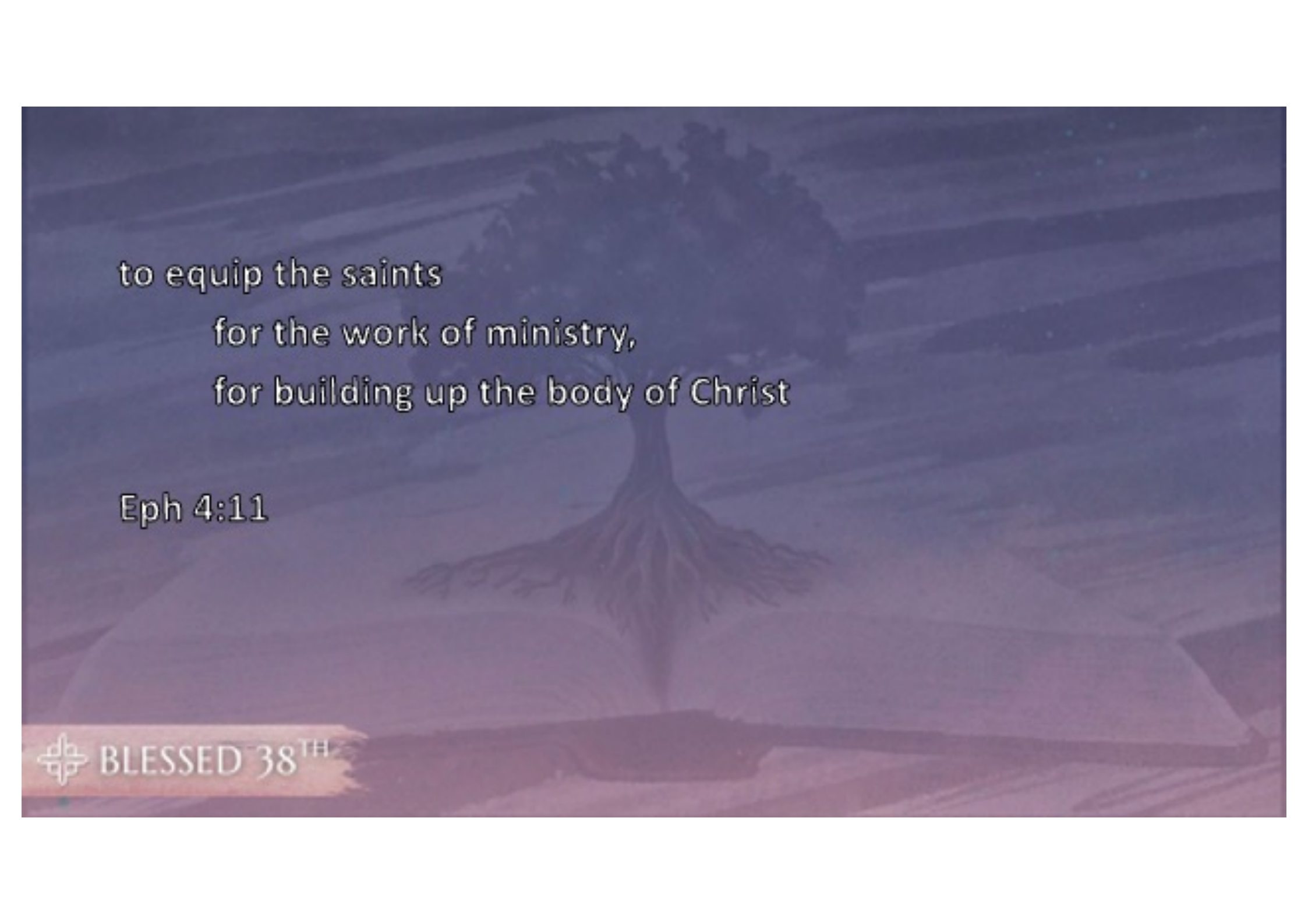
The Ministers of the Word of God



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3. Objective of the Gift (4:12)





to equip the saints
for the work of ministry,
for building up the body of Christ

Eph 4:11

What is the Objective of the Gift?

Equip the saints to build the body



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4. Outcome for the Church (4:13-14)



BEFORE



AFTER



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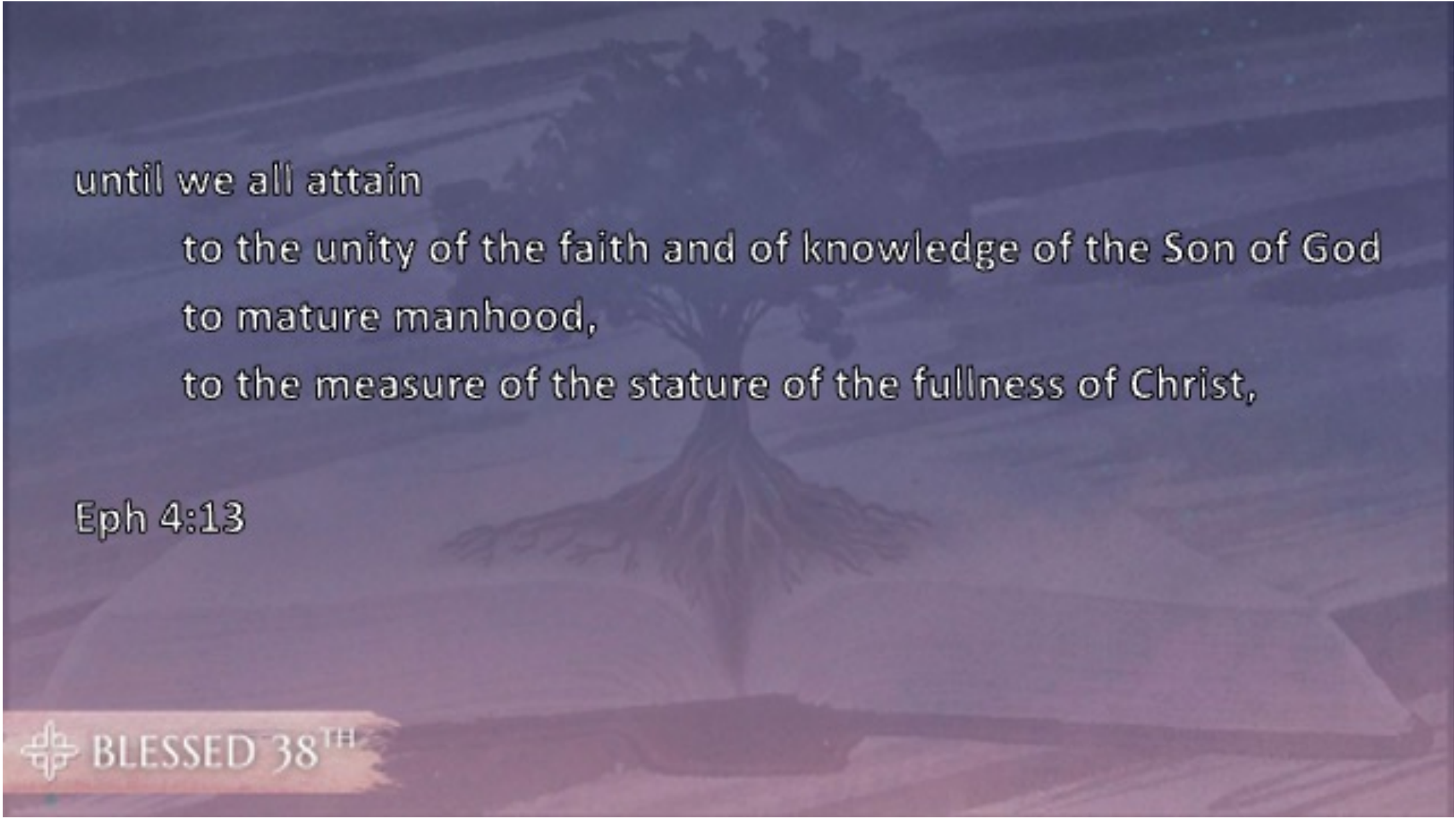
BEFORE

AFTER

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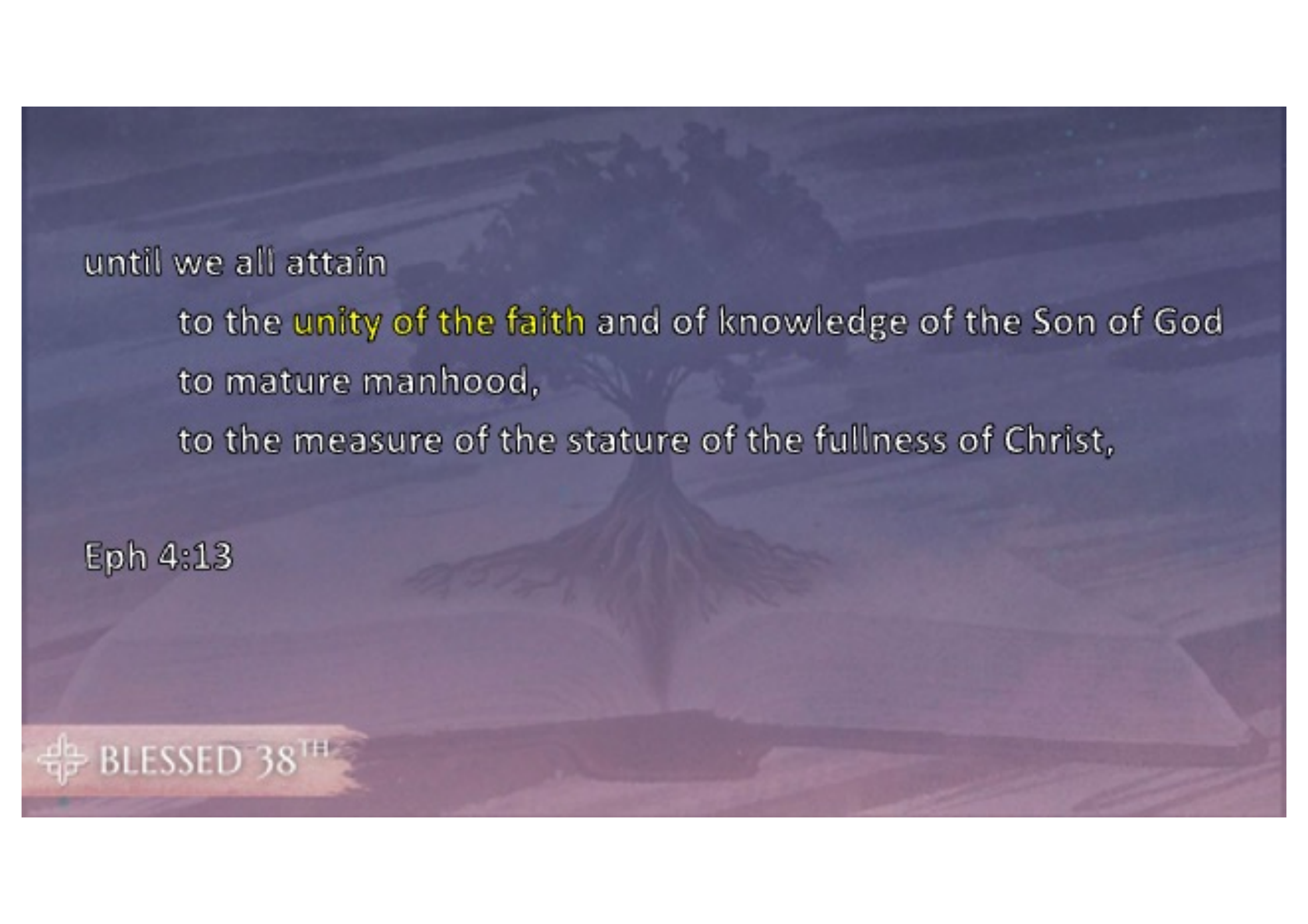


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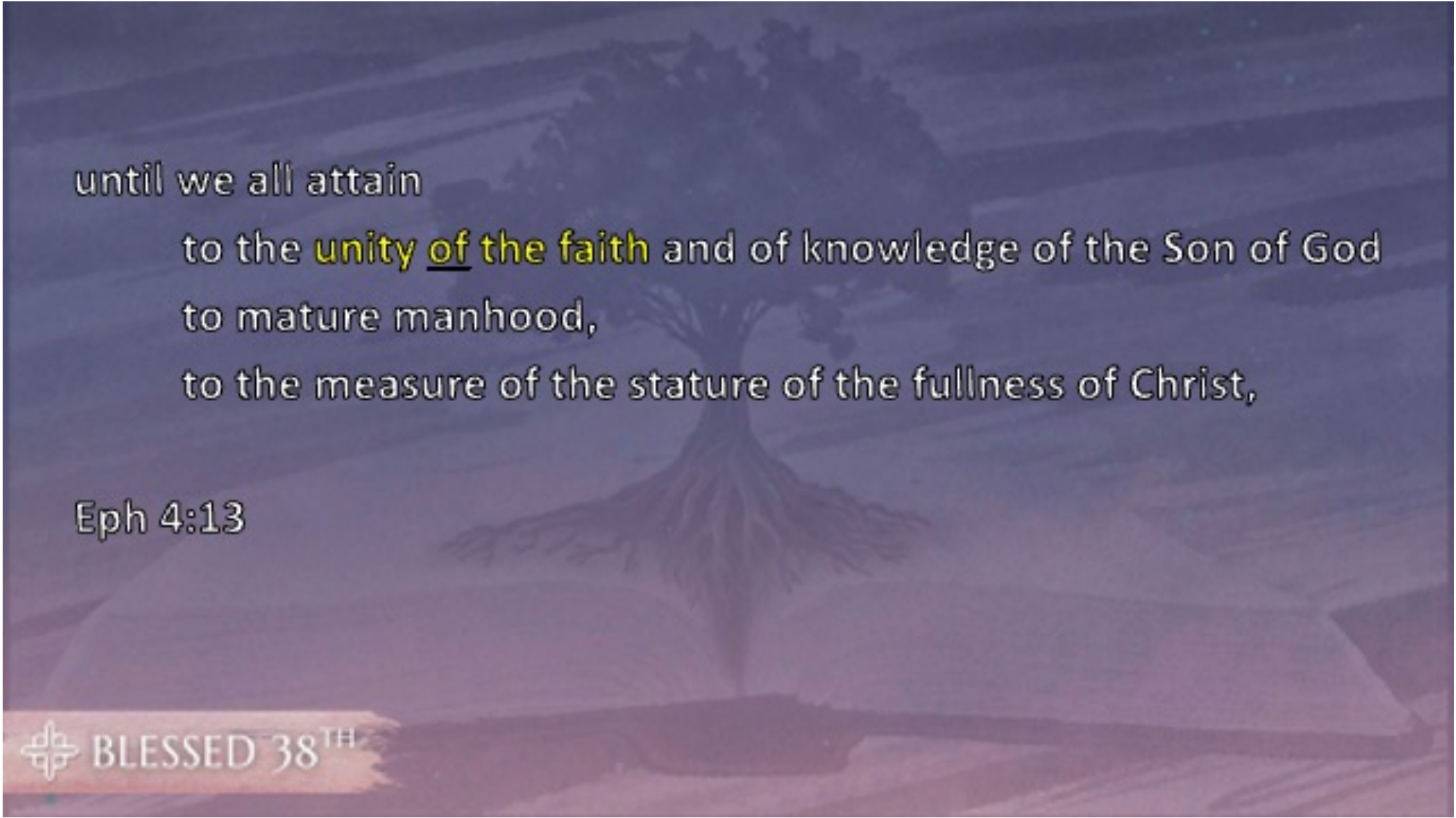
until we all attain
to the unity of the faith and of knowledge of the Son of God
to mature manhood,
to the measure of the stature of the fullness of Christ,

Eph 4:13



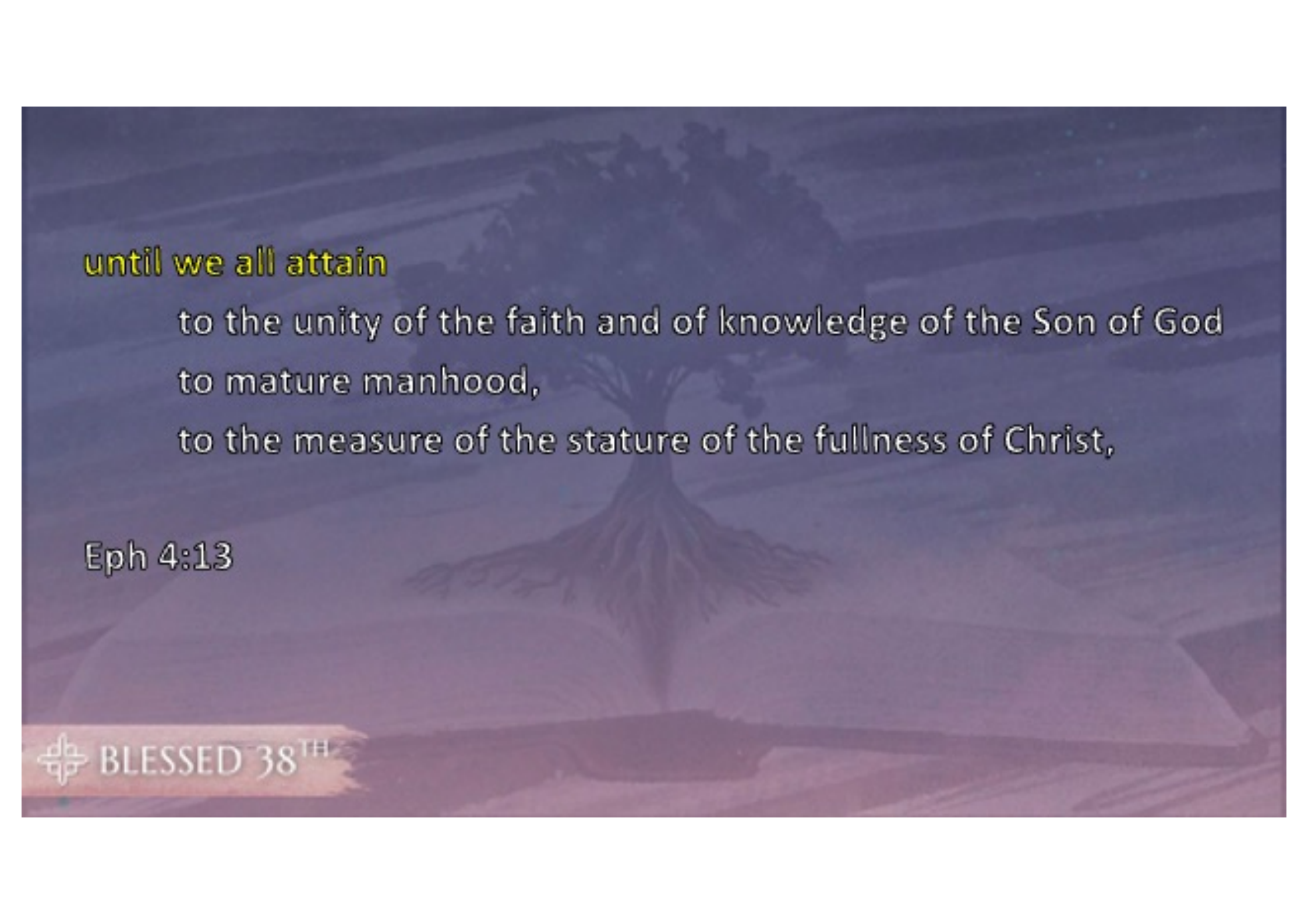
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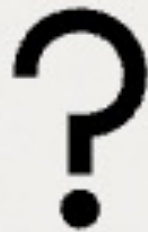


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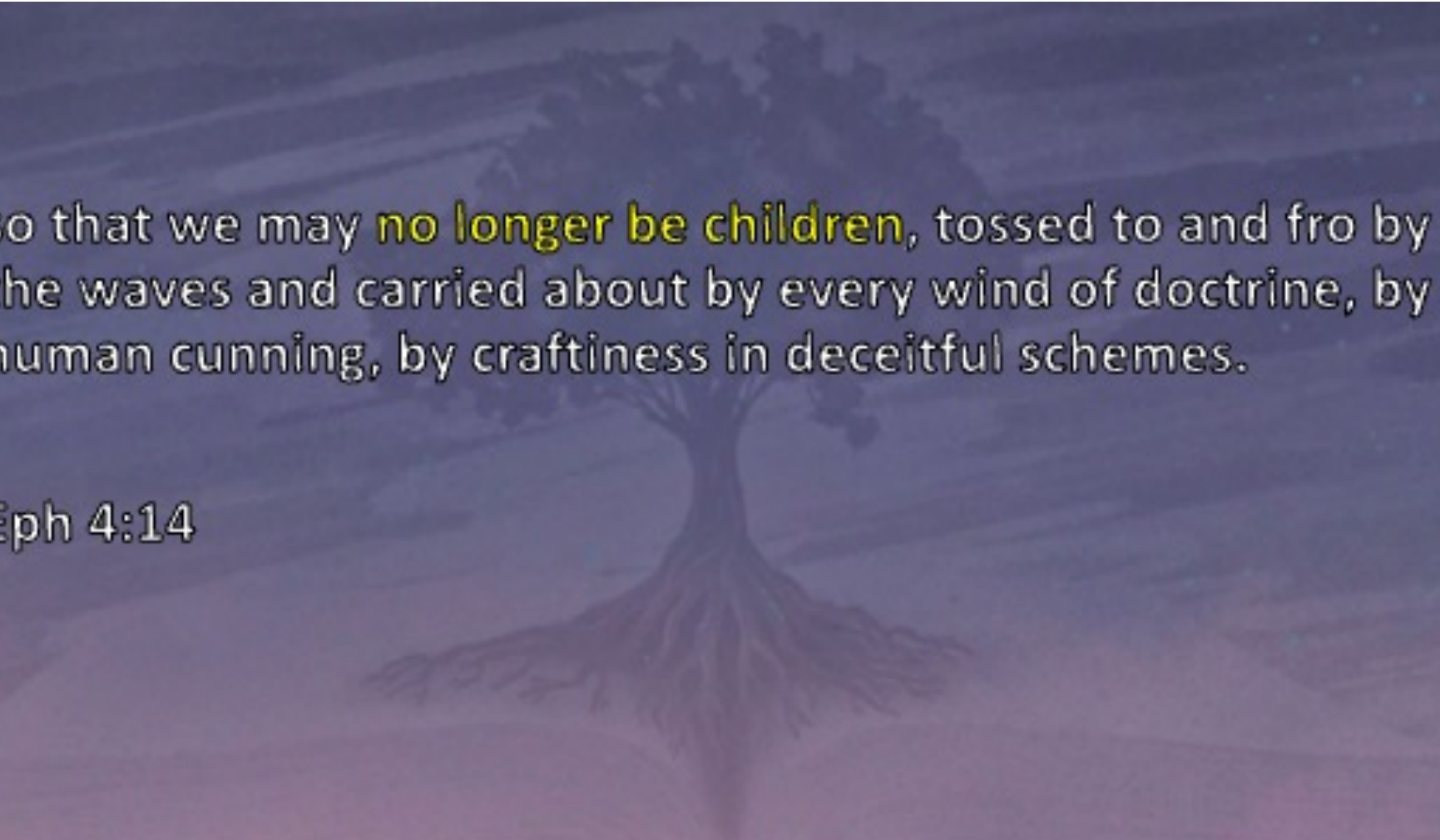
BEFORE



AFTER



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so that we may **no longer be children**, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.

Eph 4:14

News

China warns people under 50kg to stay indoors amid strong wind alert as they may be 'easily blown away'

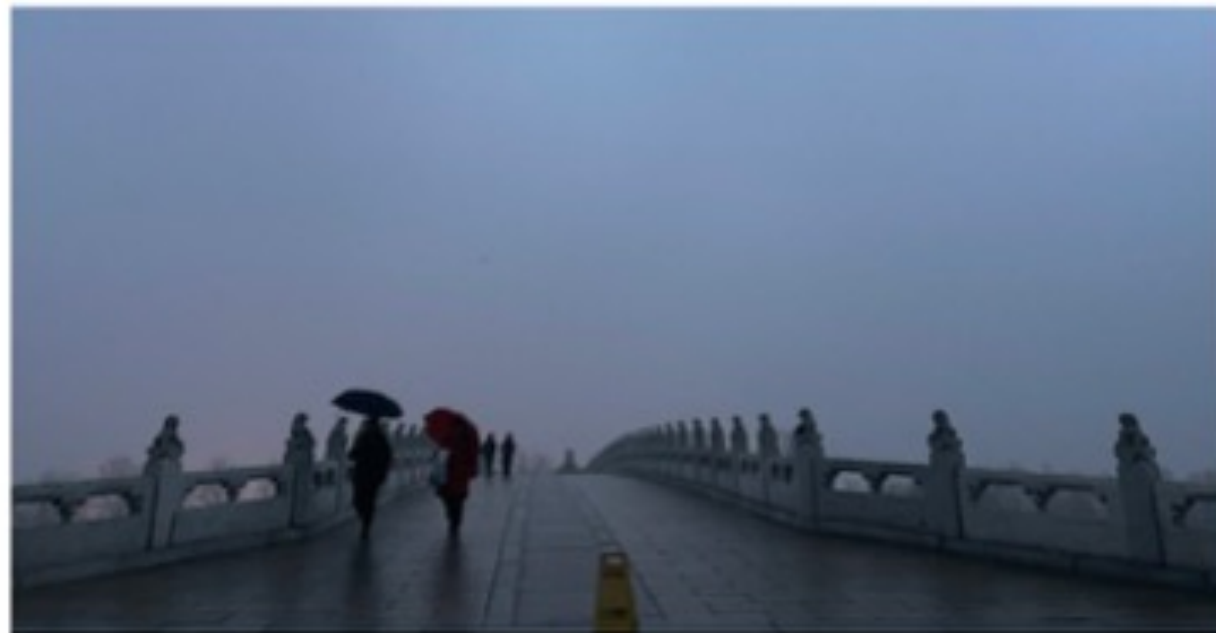
Flight delays may also occur.



llyda.Chua | April 12, 2025, 11:42 AM



mothership



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BEFORE



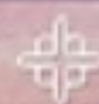
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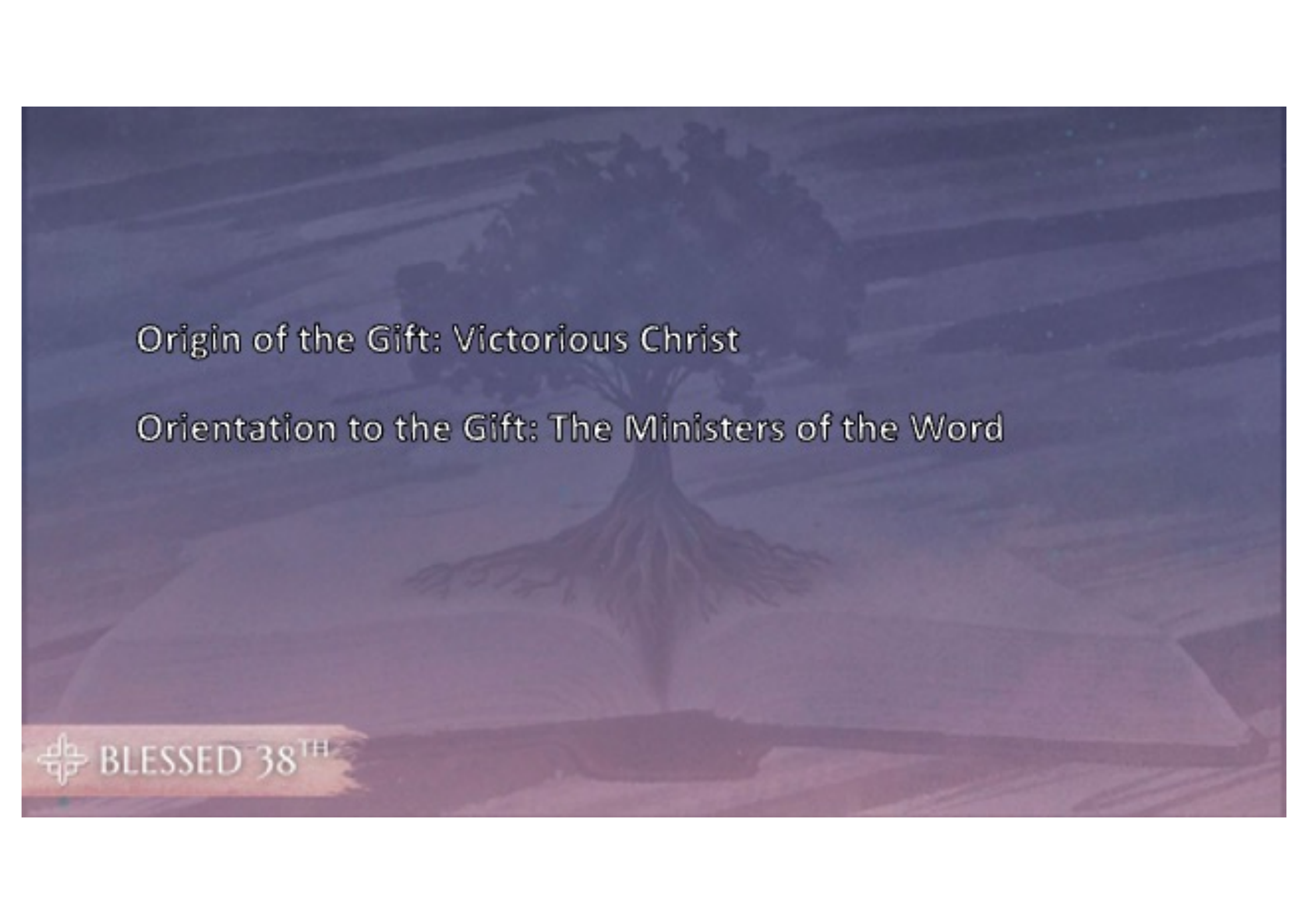


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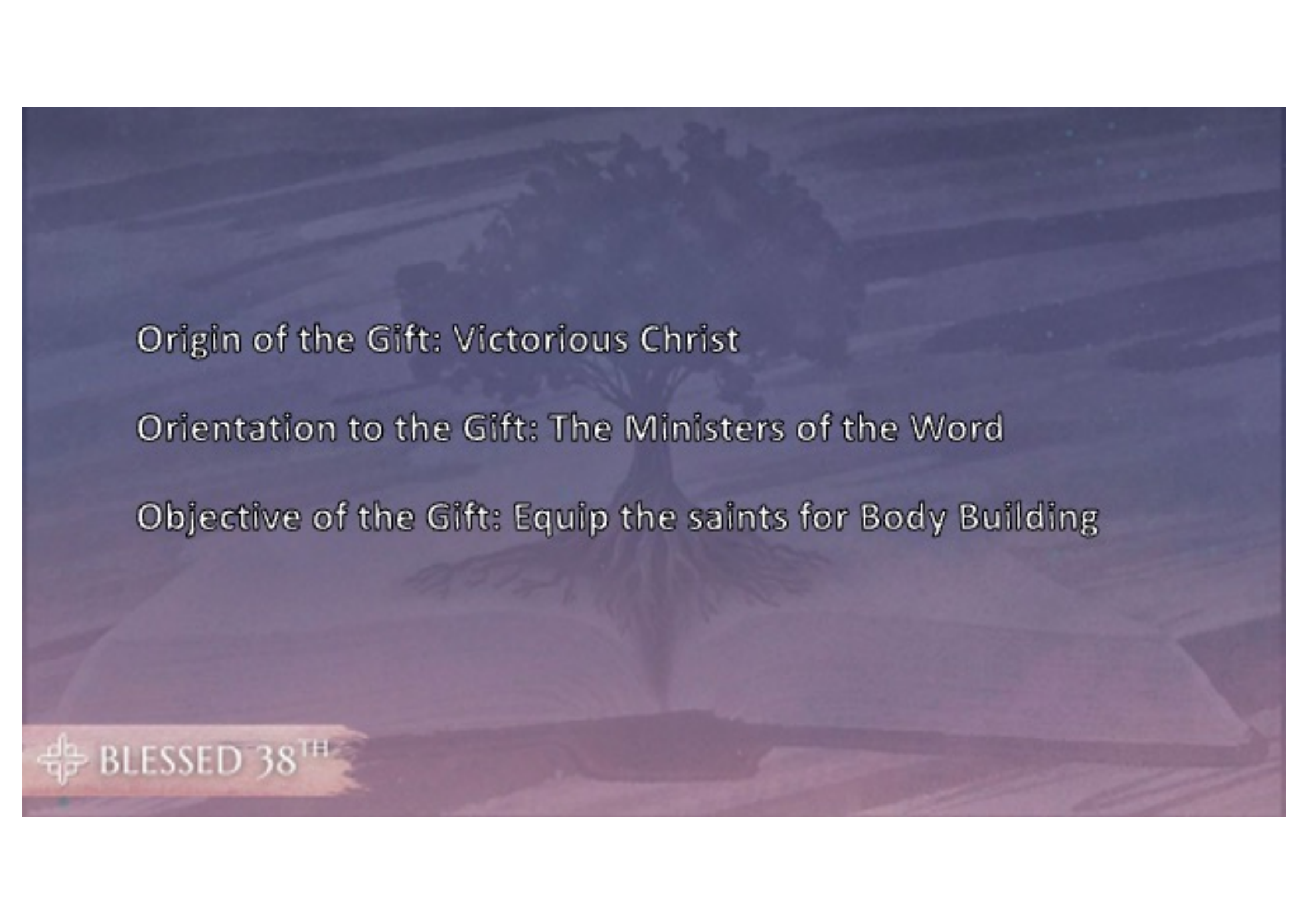
Origin of the Gift: Victorious Christ

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Origin of the Gift: Victorious Christ

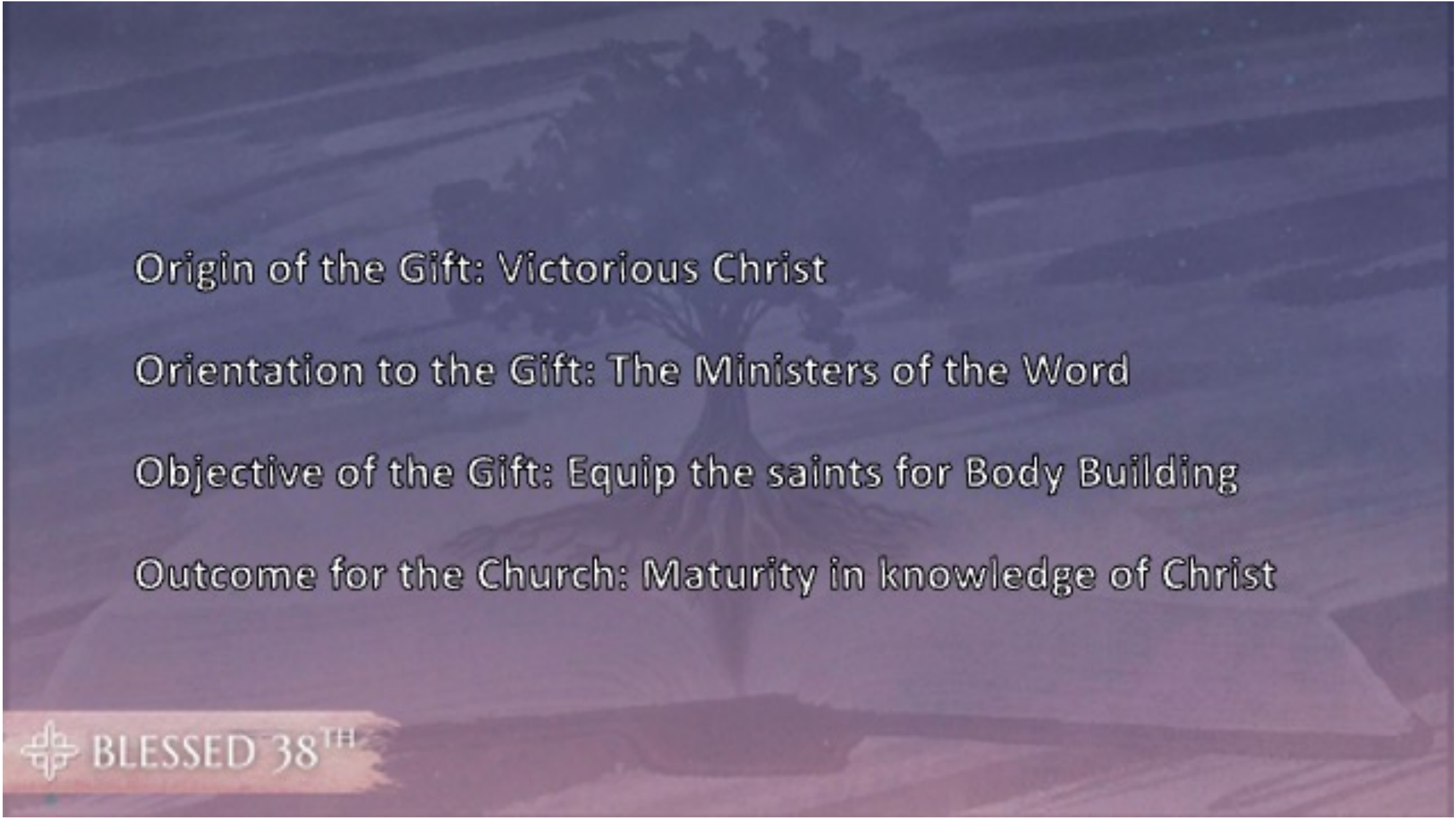
Orientation to the Gift: The Ministers of the Word



Origin of the Gift: Victorious Christ

Orientation to the Gift: The Ministers of the Word

Objective of the Gift: Equip the saints for Body Building

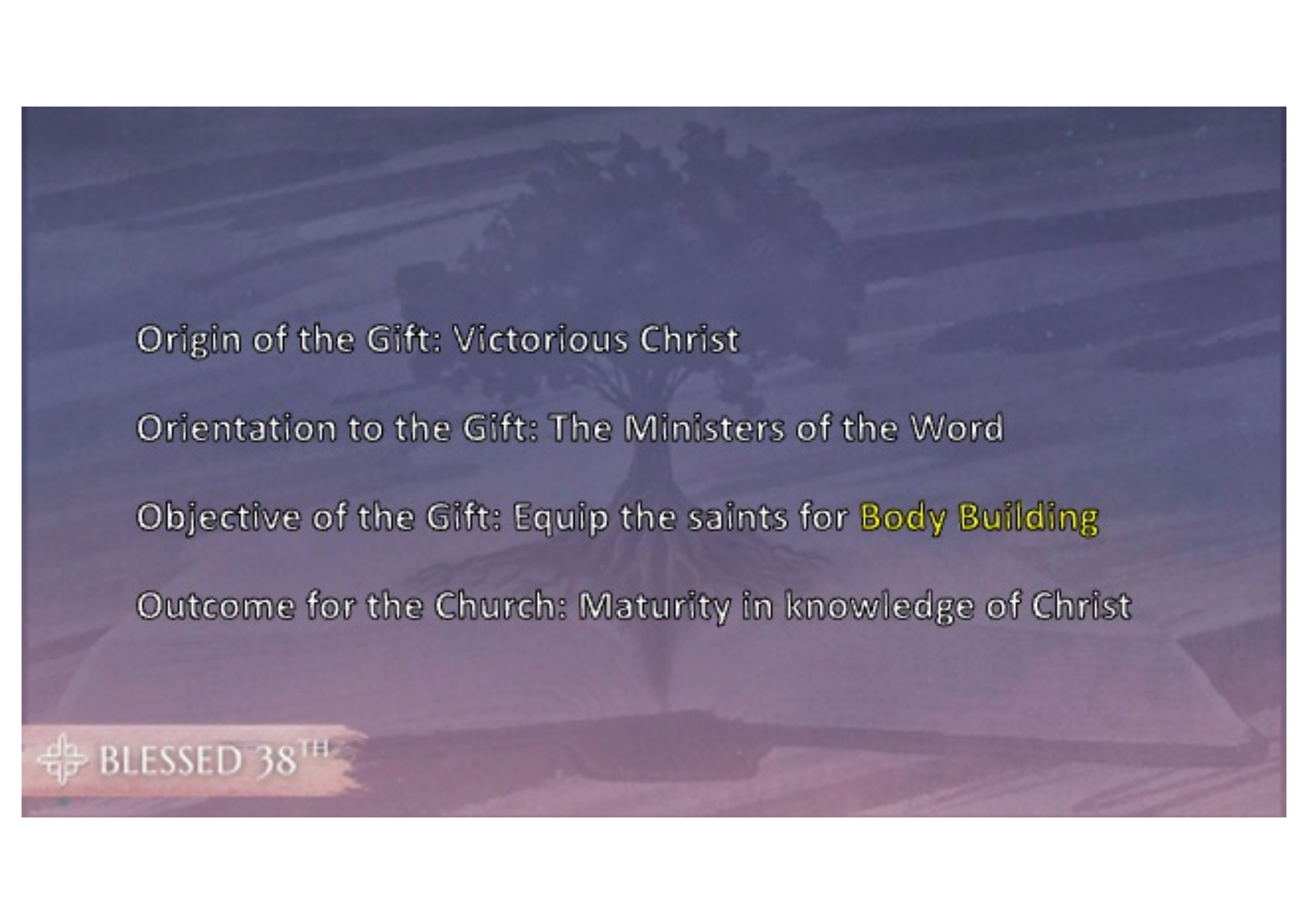


Origin of the Gift: Victorious Christ

Orientation to the Gift: The Ministers of the Word

Objective of the Gift: Equip the saints for Body Building

Outcome for the Church: Maturity in knowledge of Christ



Origin of the Gift: Victorious Christ

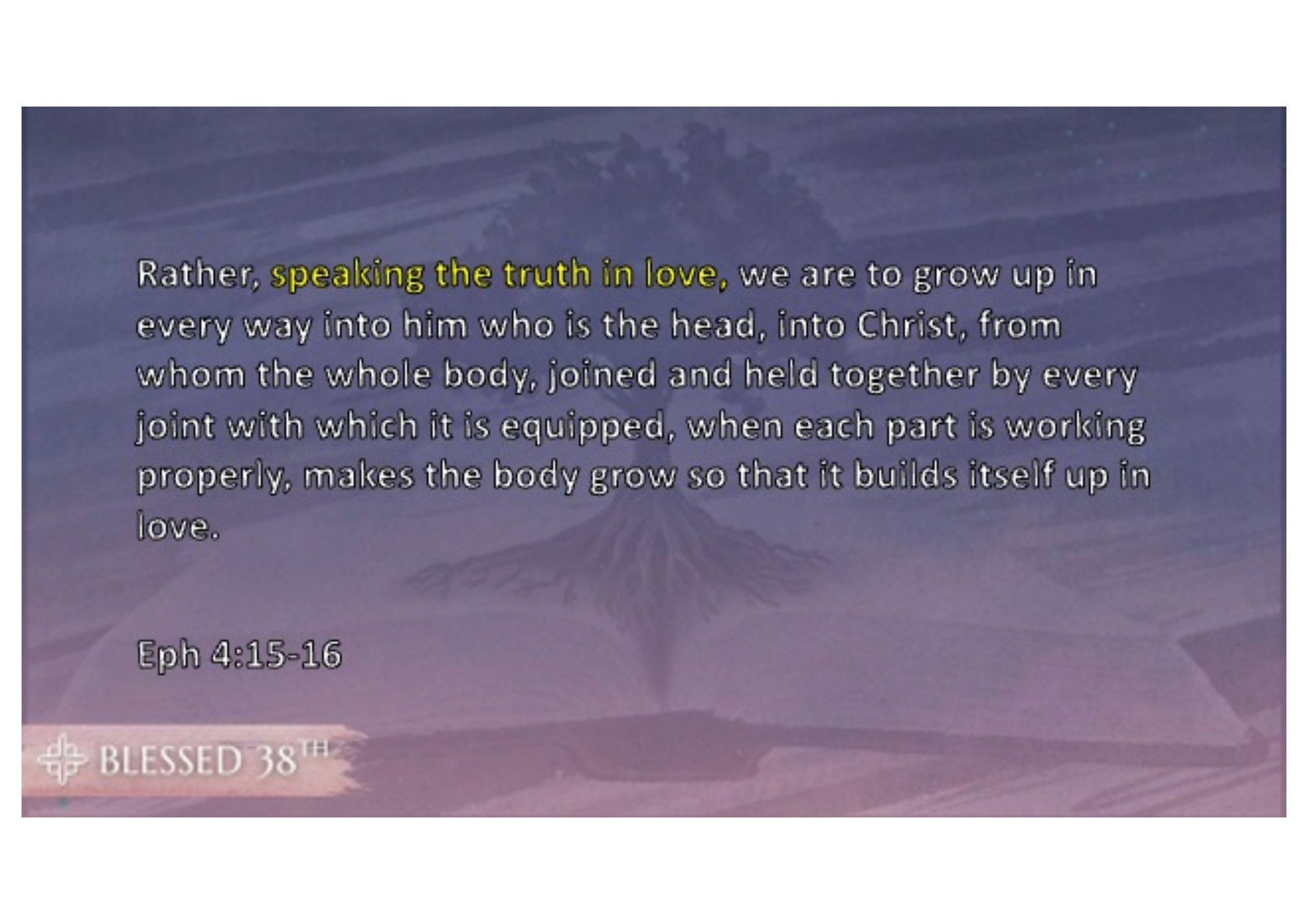
Orientation to the Gift: The Ministers of the Word

Objective of the Gift: Equip the saints for **Body Building**

Outcome for the Church: Maturity in knowledge of Christ


5. Outworking of the Church (4:15-16)





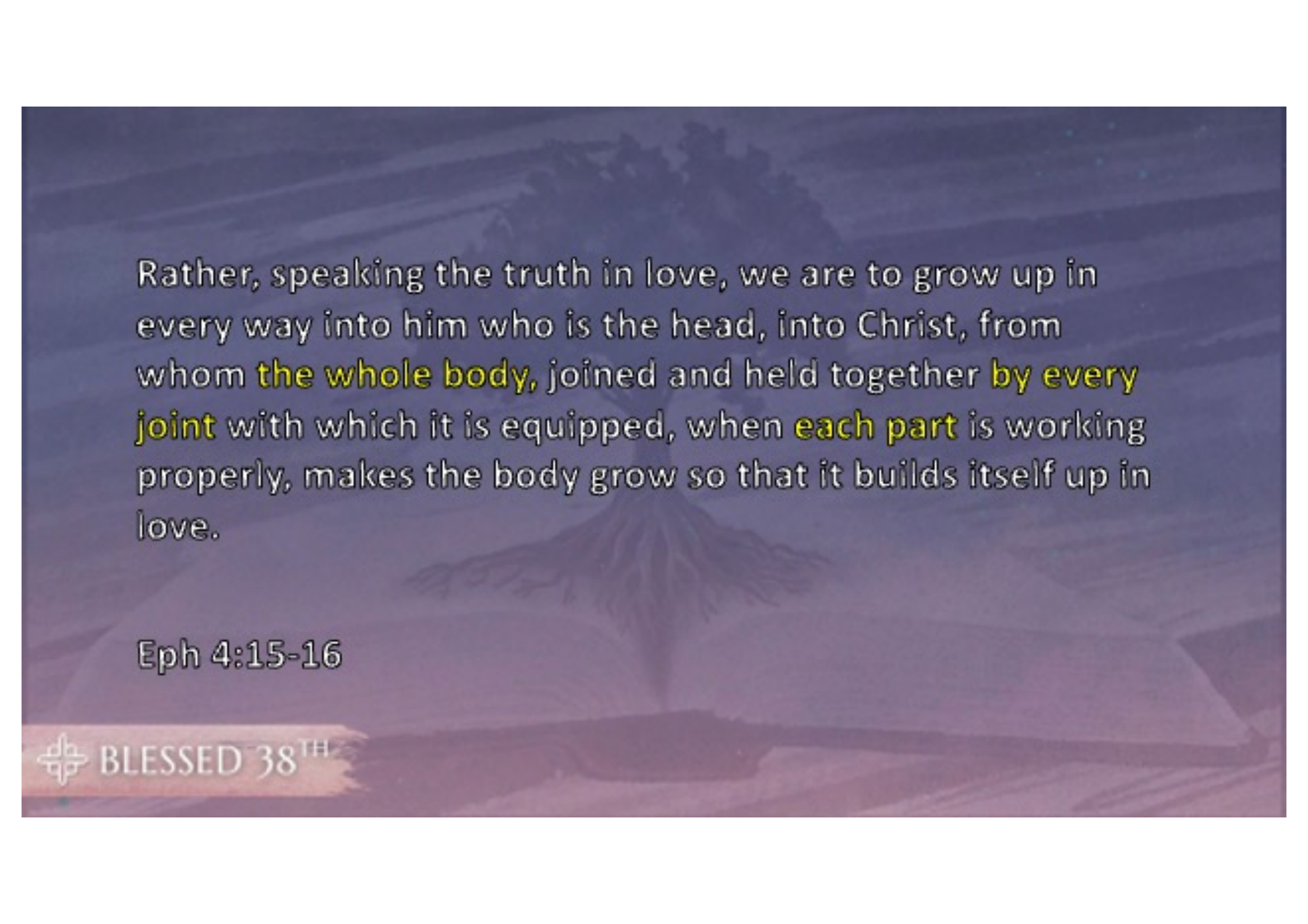
Rather, **speaking the truth in love**, we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

Eph 4:15-16



In him you also, when you heard **the word of truth**, the
gospel of your salvation...

Eph 1:13



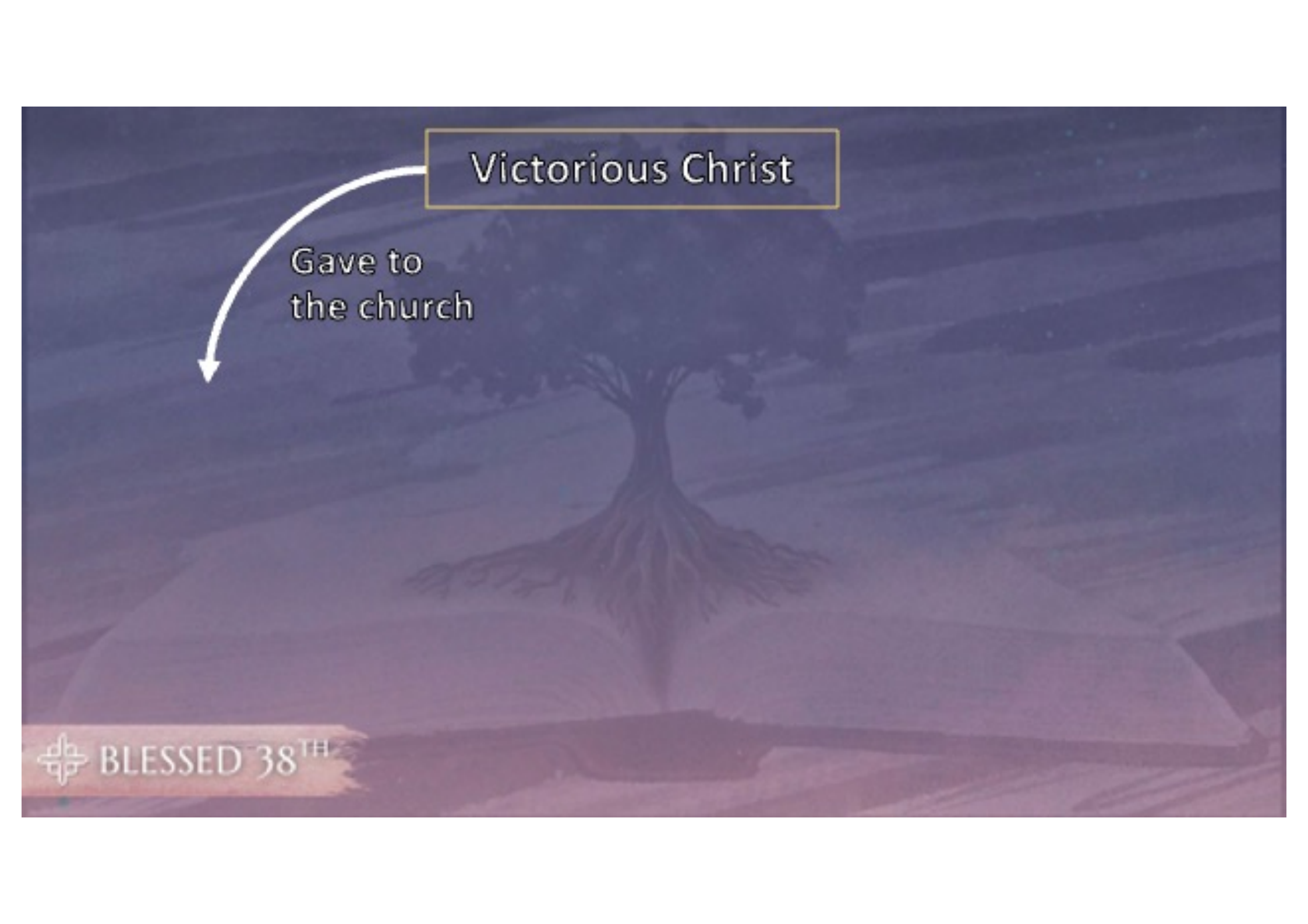
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Eph 4:15-16

The Secret Trick to Getting Ripped

(as a church)





Victorious Christ

Gave to
the church

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Word
Ministers

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By Speaking
Truth in Love

Maturity in
Knowledge

Grows into
the image
of the

Leading Generations
into a life-changing
relationship with
Jesus Christ

